



युवा कार्यक्रम  
एवं खेल मंत्रालय  
MINISTRY OF  
YOUTH AFFAIRS  
AND SPORTS



**LIFE**  
Lifestyle for  
Environment

75  
Azadi Ka  
Amrit Mahotsav

# LNIPE

**LAKSHMIBAI NATIONAL INSTITUTE OF PHYSICAL EDUCATION, GWALIOR**

Deemed to be University & 12 B Status Granted by the UGC  
(Member of the International Association of Physical Culture & Sports University)  
Government of India, Ministry of Youth Affairs and Sports

# Prospectus

## SESSION 2025-26



Shakti Nagar, Mela Road,  
Gwalior- 474002 (M.P.) India



[www.inipe.edu.in](http://www.inipe.edu.in)



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[registrar@lnipe.edu.in](mailto:registrar@lnipe.edu.in)

- E. Caste Certificate (SC/ST/OBC-NCL), in prescribed format **Annexure-2** and **Annexure-3**.
- F. Declaration regarding non-creamy layer (applicable for OBC-NCL candidates only) in prescribed format **Annexure-4**.
- G. EWS Certificate in prescribed format **Annexure-5**.
- H. PwD Certificate in prescribed format **Annexure-6**.
- I. Visit <https://www.antiragging.in/> for compulsory filling Student's Anti Ragging Undertaking and the Parents Anti Ragging Undertaking and submit the acknowledgement to the Institute.

1.15.3 Application form and Testing Fee detail :-

- 1.15.4 Online application fee is payable through Net Banking/Debit Card/Credit Card for Physical Fitness Test and Sports Skill Proficiency Test to be paid to LNIFE and the course and admission center wise fee is as under :-

Name of the Course	Category	Application Fee for Physical Fitness Test and Sports Skill Proficiency Test (to be paid to LNIFE)
<b>B.P.Ed.</b>	UR	1000/-
	OBC-NCL/EWS	900/-
	SC/ST/PwD/ Kashmiri Migrants	800/-
	Foreign National candidates	2000/- To be tested in LNIFE, Gwalior
<b>M.P.Ed.</b>	UR	750/-
	OBC-NCL/EWS	700/-
	SC/ST/PwD/Kashmiri Migrants	650/-
	Foreign National candidates	1500/-

**Note:** Application fee for physical fitness test sports skill proficiency test is required to be paid to LNIFE through **HDFC Gateway** in online mode only.

The Entrance Exam for the Courses to be conducted at LNIFE, Gwalior Center :

Name of the Course	Category	Application Fee for Written Test (to be paid to LNIFE)	Application Fee for Sports Skill Proficiency Test/Yogic Practices (to be paid to LNIFE)	Total Fee
<b>M.S.M. (Master of Sports Management)</b>	UR	500/-	1000/-	1500/-
	OBC-NCL/EWS	450/-	900/-	1350/-
	SC/ST/PwD/Kashmiri Migrants	400/-	800/-	1200/-
<b>MA (Yoga)</b>	UR	500/-	1000/-	1500/-
	OBC-NCL/EWS	450/-	900/-	1350/-
	SC/ST/PwD/Kashmiri Migrants	400/-	800/-	1200/-
<b>M.Sc. (Sports Sciences)</b>	UR	500/-	1000/-	1500/-
	OBC-NCL/EWS	450/-	900/-	1350/-
	SC/ST/PwD/Kashmiri Migrants	400/-	800/-	1200/-
<b>M.A.(Sports Journalism)</b>	UR	500/-	1000/-	1500/-
	OBC-NCL/EWS	450/-	900/-	1350/-
	SC/ST/PwD/Kashmiri Migrants	400/-	800/-	1200/-

<b>DSC</b>	N.A.	500/-	1000/-	1500/-
<b>PGDSC</b>	UR	500/-	1000/-	1500/-
	OBC-NCL/EWS	450/-	900/-	1350/-
	SC/ST/PwD/Kashmiri Migrants	400/-	800/-	1200/-
<b>PGDYEd.</b>	UR	500/-	1000/-	1500/-
	OBC-NCL/EWS	450/-	900/-	1350/-
	SC/ST/PwD/Kashmiri Migrants	400/-	800/-	1200/-
<b>PGDFM and PGDSSC</b>	UR	500/-	750/-	1250/-
	OBC-NCL/EWS	450/-	700/-	1150/-
	SC/ST/PwD/Kashmiri Migrants	400/-	650/-	1050/-
<b>ODL Programmes</b>	N.A.	750/-	N.A.	750/-
<b>Ph.D.</b>	UR	1000/-	N.A.	1000/-
	OBC-NCL/EWS	900/-	N.A.	900/-
	SC/ST/PwD/Kashmiri Migrants	800/-	N.A.	800/-

N.A. = Not Applicable

**Note:** *Qualified Foreign Nationals/NRI candidates must apply through their respective embassy for their final registration at LNIFE, Gwalior.*

1.15.5 Candidates must deposit the **Application Fee for Written Test, Physical Fitness Test and Sports Skill Proficiency Test/Yogic Practices** (as applicable) to LNIFE through **HDFC gateway**. Details are as under:-

<b>Bank Name</b>	: HDFC Bank, City Centre Branch, Gwalior
<b>IFSC Code</b>	: HDFC0000192
<b>Account Holder's Name</b>	: LNIFE Fee Collection
<b>Account Number</b>	: 99997800009999
<b><u>Payment Gateway/POS</u></b>	
1. For Credit Card (Visa/Master/Rupay)	- 1% on surcharge model (On Students)
2. For Debit Card (Above Rs. 2000/-)	- NIL
3. For Debit Card (upto Rs. 2000/-)	- NIL
4. One-time Integration Fee	- NIL
5. Annual Maintenance Charge	- NIL
6. Net Banking (All Bank)	- NIL
7. UPI	- NIL

### 1.16 FOREIGN NATIONALS/NRI CANDIDATES

Foreign Nationals/NRI candidates applying through Proper Channels/Diplomatic Channels in only portal i.e. through concerned Embassy or Indian Council for Cultural Relations shall only be admitted based on their credentials, attainment of minimum qualifying marks in Entrance Test and meeting acceptable standards in medical examination. For details, please refer to **Guidelines for Admission of Foreign Nationals/NRI candidates** at [www.lnife.edu.in](http://www.lnife.edu.in). At the time of registration, candidates need to submit NOC from their respective embassy.

## 6. M.S.M. (MASTER OF SPORTS MANAGEMENT)

### [Four-Semesters]

#### 6.1. ADMISSION SCHEDULE

Registration and submission of application form	20 June, 2025
Date of Written Test	25 to 27 June, 2025
Declaration of Results of Written Test	01 July, 2025
Medical Examination dates	08 to 10 July, 2025
Date of Registration and Payment of Fee	08 to 10 July, 2025
Commencement of Classes	11 July, 2025

❖ Information can be sought regarding admission through website [www.lnife.edu.in](http://www.lnife.edu.in)

#### 6.2 ALLOCATION OF SEATS

Category	Total Seats [15]
UR	08
SC (15%)	02
ST (7.5%)	01
OBC (27%)	04
EWS (10%) (Supernumerary)	02
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	01
Ward of regular LNIFE staff (Supernumerary)	01

#### Note :

1. Seats for Foreign National candidates will be supernumerary.
2. The minimum no. of students required to run this course shall be five (05)

#### 6.3 ELIGIBILITY FOR ADMISSION

Any graduate with at least 50% marks [45% for SC/ST candidates and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley] is eligible for admission test.

#### Note :

- (i) All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2024-25 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.
- (ii) Candidates should note that no "call letter" for the Entrance Test shall be sent to them by Post. They should report in the Institute on said date after filling up the Admission Form.

#### 6.4 ADMISSION PROCEDURE

6.4.1 Admission shall be made on merit basis on Marks obtained in the Written Test as per the policy of the Institute.

S. No.	Criteria	Maximum Marks
1.	WRITTEN TEST (Online)	50

It consists of 50 Multiple-Choice Questions based on Concern Subject Knowledge & Reasoning. The duration of test will be of 60 minutes.
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### 6.5 FEMALE CANDIDATES

Married women are eligible for admission. But, if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

### 6.6 FEE STRUCTURE

6.6.1 Each Student shall pay the fee as given in **Annexure-16 (I-II)**.

**Note:** *For a course to continue a minimum of 05 candidates are required. If the course is discontinue due to this reason, than the fee will be refunded to provisionally selected candidates.*



## SYLLABUS OF WRITTEN TEST M.S.M (Master of Sports Management)

Subject Knowledge	Reasoning	Total
35 Marks	15 Marks	50 Marks

1. Meaning and Concept of Management
2. Meaning and Concept of Administration
3. Introduction of Sports Management
4. Basic functions of Management
5. Basic functions of Management
6. Basic principles of Management
7. Purpose of Management
8. Scope of Management
9. Role of Manager
10. Introduction to Marketing Management
11. Meaning and Concept of Human Resource Management
12. Introduction to Strategic Management





## 7. M.A. (SPORTS JOURNALISM)

### [Four-Semesters]

#### 7.1. ADMISSION SCHEDULE

Registration and submission of application form	20 June, 2025
Date of Written Test	25 to 27 June, 2025
Declaration of Results of Written Test	01 July, 2025
Medical Examination dates	08 to 10 July, 2025
Date of Registration and Payment of Fee	08 to 10 July, 2025
Commencement of Classes	11 July, 2025

❖ Information can be sought regarding admission through website [www.lnife.edu.in](http://www.lnife.edu.in)

#### 7.2 ALLOCATION OF SEATS

Category	Total Seats [15]
UR	08
SC (15%)	02
ST (7.5%)	01
OBC (27%)	04
EWS (10%) (Supernumerary)	02
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	01
Ward of regular LNIFE staff (Supernumerary)	01

#### Note:

1. Seats for Foreign National candidates will be supernumerary.
2. The minimum no. of students required to run this course shall be five (05)

#### 7.3 ELIGIBILITY FOR ADMISSION

Any graduate with at least 50% marks [45% for SC/ST candidates and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley] is eligible for admission test.

#### Note :

- (iii) All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2024-25 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.
- (iv) Candidates should note that no "call letter" for the Entrance Test shall be sent to them by Post. They should report in the Institute on said date after filling up the Admission Form.

## 7.4 ADMISSION PROCEDURE

7.4.1 Admission shall be made on merit basis on Marks obtained in the Written Test as per the policy of the Institute.

S. No.	Criteria	Maximum Marks
1.	<b>WRITTEN TEST (Online)</b> It consists of 50 Multiple-Choice Questions based on Concern Subject Knowledge & Reasoning. The duration of test will be of 60 minutes.	50

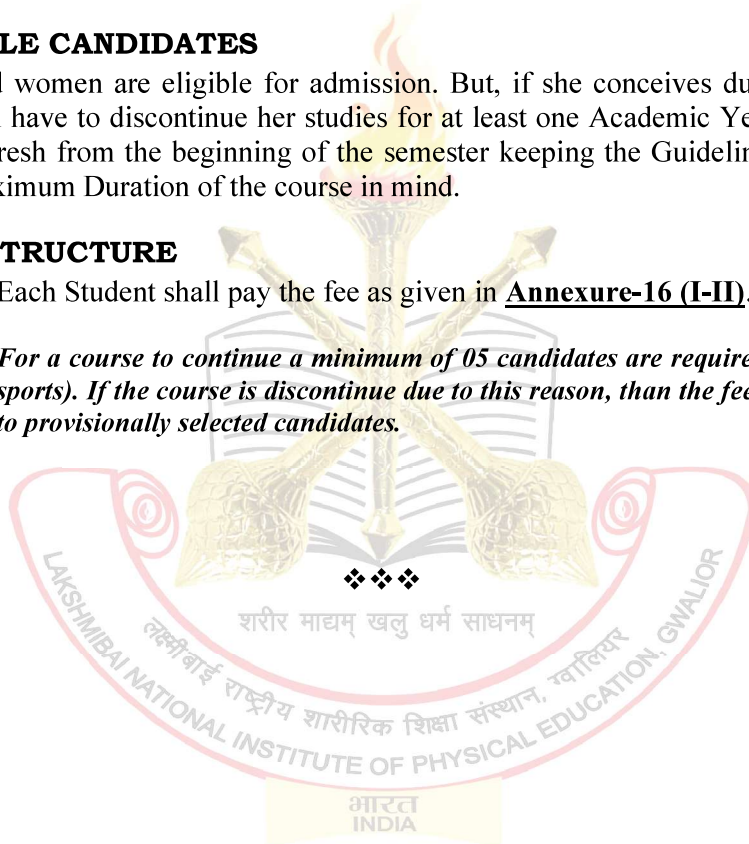
## 7.5 FEMALE CANDIDATES

Married women are eligible for admission. But, if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

## 7.6 FEE STRUCTURE

7.6.1 Each Student shall pay the fee as given in **Annexure-16 (I-II)**.

**Note:** *For a course to continue a minimum of 05 candidates are required (in each game/sports). If the course is discontinue due to this reason, than the fee will be refunded to provisionally selected candidates.*



## SYLLABUS OF WRITTEN TEST

### M.A. (Sports Journalism)

Subject Knowledge	Reasoning	Total
35 Marks	15 Marks	50 Marks

1. Meaning and Concept of Journalism
2. Introduction to Sports Journalism
3. Meaning and Concept of Media
4. Types of Media
5. Role of Media in Sports
6. News and its components
7. News values and objectives
8. Role of Journalist
9. Journalism Ethics
10. Training and professionalism; qualities of journalist
11. Duties and responsibilities of editors and sub editors
12. Communication skill for event management
13. Introduction to Business communication.
14. Writing skills, Planning business message, Rewriting and edition; the first draft;
15. Reconstructing the final draft
16. Characteristics of Magazine Writing
17. Magazine Writing: style vis-à-vis newspaper writing.





## 9. DIPLOMA IN SPORTS COACHING (DSC)

**[Two-Semesters]**

**(Only for Defense and Paramilitary Personnel)**

### 9.1 DISCIPLINE OFFERED

Diploma in Sports Coaching shall be offered in following games/sports viz. Athletics, Basketball, Football, Handball, Volleyball, and Hockey & Boxing.

### 9.2 ADMISSION SCHEDULE

Total No. of Seats	25 (in each games)
Registration and submission of application form	20 June, 2025
Date of Physical Fitness & Skill Test	25 to 27 June, 2025
Declaration of Result	01 July, 2025
Medical Examination dates	08 to 10 July, 2025
Date of Registration and Payment of Fee	08 to 10 July, 2025
Commencement of Classes	11 July, 2025

❖ Information can be sought regarding admission through website [www.lnife.edu.in](http://www.lnife.edu.in)

**Note :**

- (i) The minimum number of students required to run the course in each game/sports shall be five (5).
- (ii) Reservation policy will not be applicable for Diploma in Sports Coaching.

### 9.3 ELIGIBILITY FOR ADMISSION

9.3.1 A candidate shall be eligible to apply for admission to Diploma in Sports Coaching if he has passed 10+2 examination/equivalent examination conducted by CBSE/State or UT Board/Open School Board.

9.3.2 Only those candidate(s) who are deputed by Defense/Army Sports Control Board and Para-military Services based on of their sports performance & achievements at Command Level/Intra-police/Intra-Paramilitary Sports are eligible for the course.

### 9.4 ADMISSION PROCEDURE

Admission to the Diploma in Sports Coaching will be granted on the basis of merit in the Admission Test of 150 Marks as given here under. The minimum qualifying marks in the admission test shall be 50%:-

S.No.	Admission Test	Total Marks
1.	PHYSICAL FITNESS TEST Marks will be awarded to Physical Fitness on the basis of performance in 50 Meters Sprint, Standing Broad Jump, Over Head Back Throw and 1000 Meters Run/Walk. The norms to convert the performance into points are given in <b>Annexure-12 to 15</b>	50
2.	SPORTS SKILL PROFICIENCY TEST (Skills and Playing ability tests in concerned game/sport)	100
<b>Total Marks</b>		<b>150</b>

**NOTE:**

1. Appearance in skill & performance test and physical fitness test is mandatory in order to be eligible for consideration for admission.

**9.5 FEE STRUCTURE**

- 9.5.1 Each Student shall pay the fee as given in **Annexure-17**.

**Note:** *For a course to continue a minimum of 05 candidates are required (in each game/sports). If the course is discontinued due to this reason, then the fee will be refunded to provisionally selected candidates.*



**10.**
**POST GRADUATE DIPLOMA IN SPORTS COACHING (PGDSC)**
**[Two-Semesters]**
**10.1 DISCIPLINE OFFERED**

Post Graduate Diploma in Sports Coaching shall be offered in following games/sports viz. Athletics, Badminton, Basketball, Cricket, Football, Handball, Hockey, Judo, Kabaddi, Swimming, Tennis, Volleyball, Wrestling, Boxing, Fencing, Archery & Shooting (subject to administrative feasibility).

**10.2 ADMISSION SCHEDULE**

Total No. of Seats	<b>25 (in each games)</b>
Registration and submission of application form	<b>20 June, 2025</b>
Date of Written Test, Physical Fitness & Skill Test	<b>25 to 27 June, 2025</b>
Declaration of Result	<b>01 July, 2025</b>
Medical Examination dates	<b>08 to 10 July, 2025</b>
Date of Registration and Payment of Fee	<b>08 to 10 July, 2025</b>
Commencement of Classes	<b>11 July, 2025</b>

❖ Information can be sought regarding admission through website [www.lnipe.edu.in](http://www.lnipe.edu.in)

**10.3 ALLOCATION OF SEATS**

Reservation of seats shall be as per Govt. of India rules applicable at the time of admissions.

Category	Total Seats in each game [20]
UR	10
SC (15%)	03
ST (7.5%)	02
OBC (27%)	05
EWS (10%) (Supernumerary)	02
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	02
Ward of regular LNIPe staff (Supernumerary)	01

**Note:** Seats for Foreign National candidates will be supernumerary.

**10.4 ELIGIBILITY FOR ADMISSION**

A candidate shall be eligible to appear in Entrance Test for Post Graduate Diploma in Sports Coaching, if he/she has passed graduation degree, conducted by a recognized University, with at least 45% marks [40% in case of SC/ST candidates and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley] with Inter-University/National level participation in the concerned game / sport.

**Note :**

- (i) *All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2024-25 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.*
- (v) *Candidates should note that no “call letter” for the Entrance Test shall be sent to them by Post. They should report in the Institute on said date after filling up the Admission Form.*

**10.5 ADMISSION PROCEDURE**

11.5.1 Admission to the Post Graduate Diploma in Sports Coaching will be granted on the basis of merit in the Admission Test of 200 Marks as given here under. The minimum qualifying marks in the admission test shall be 50%.

<b>Physical fitness Test</b>	<b>:</b>	<b>50 Marks</b>
<b>Written Test (Ninety minutes duration)</b>	<b>:</b>	<b>50 Marks</b>
General reasoning	<b>:</b>	10 Marks
Sports general knowledge	<b>:</b>	10 Marks
Professional Knowledge in		
Concerned game / sport	<b>:</b>	30 Marks
<b>Proficiency in Game / Sports</b>	<b>:</b>	<b>100 Marks</b>

(Skills and playing ability tests in concerned game / sport)

**NOTE:**

1. Appearance in written test, skill & performance test and physical fitness test is mandatory in order to be eligible for consideration for admission.

**10.6 DIRECT ADMISSION**

10.6.1 Direct admission will be provided to the candidates who have represented India in designated International Championship such as Junior and Senior World Championships, Junior and Senior World Cups, Junior and Senior Asian Championships, Junior and Senior Asian Cups, Common Wealth Games, Asian Games, Afro-Asian Games, SAF Games, World School Games/World Schools Championship and has passed Bachelor's degree.

The following games and sports will be considered for the direct admission:  
***Athletics, Badminton, Basketball, Cricket, Football, Handball, Hockey, Judo, Kabaddi, Swimming, Tennis, Volleyball, Wrestling, Boxing, Fencing, Archery & Shooting.***

10.6.2 Representation shall be in such games/sports which are approved and funded by MYAS/IOA.

**Note :**

- (i) *Participation of candidate in any kind of International Invitational Tournaments shall not be considered for Direct Admission.*
- (ii) *List of eligible candidates for Direct Admission will be uploaded on Institute's website : [www.lnife.edu.in](http://www.lnife.edu.in)*

**10.7 FEMALE CANDIDATES**

Married women are eligible for admission. But, if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

## 10.8 FEE STRUCTURE

10.8.1 Each Student shall pay the fee as given in **Annexure 18**.

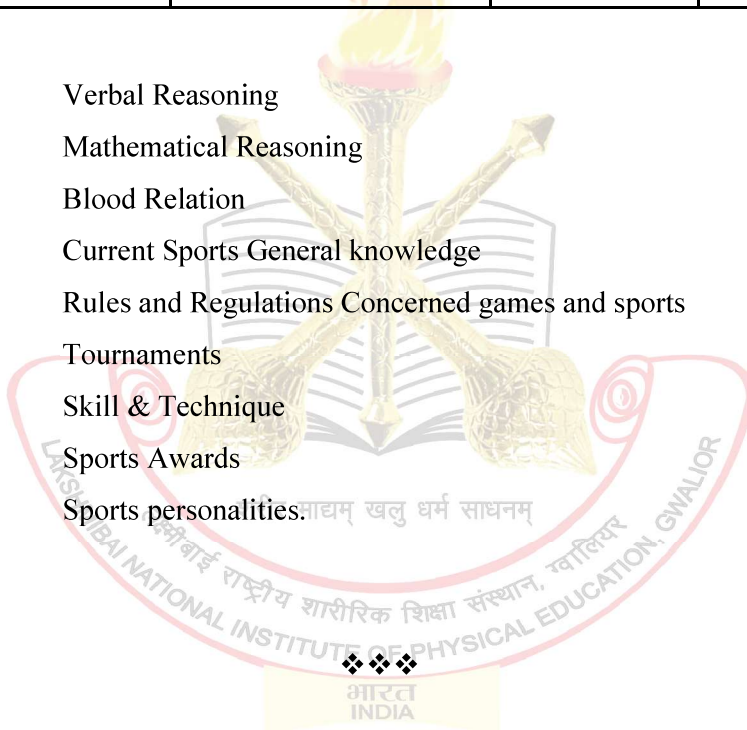
**Note:** *For a course to continue a minimum of 05 candidates are required (in each game/sports). If the course is discontinued due to this reason, then the fee will be refunded to provisionally selected candidates.*

## SYLLABUS OF WRITTEN TEST

### Post Graduate Diploma in Sports Coaching (PGDSC)

Subject Knowledge	Reasoning	Sports G.K.	Total
30 Marks	10 Marks	10 Marks	50 Marks

1. Verbal Reasoning
2. Mathematical Reasoning
3. Blood Relation
4. Current Sports General knowledge
5. Rules and Regulations Concerned games and sports
6. Tournaments
7. Skill & Technique
8. Sports Awards
9. Sports personalities.



**11**
**POST GRADUATE DIPLOMA IN FITNESS  
MANAGEMENT (PGDFM)**
**[Two-Semesters]**
**11.1 ADMISSION SCHEDULE**

Registration and submission of application form	<b>20 June, 2025</b>
Date of Written Test & Physical Fitness Test	<b>25 to 27 June, 2025</b>
Declaration of Result	<b>01 July, 2025</b>
Medical Examination dates	<b>08 to 10 July, 2025</b>
Date of Registration and Payment of Fee	<b>08 to 10 July, 2025</b>
Commencement of Classes	<b>11 July, 2025</b>

*\* Information can be sought regarding admission through website [www.lnife.edu.in](http://www.lnife.edu.in)*

**11.2 ALLOCATION OF SEATS**

Category	Total Seats
UR	10
SC (15%)	03
ST (7.5%)	02
OBC (27%)	05
EWS (10%) (Supernumerary)	02
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	02
Ward of regular LNIFE staff (Supernumerary)	01

**Note :** *Seats for Foreign National candidates will be supernumerary.*

**11.3 ELIGIBILITY FOR ADMISSION**

Bachelor Degree in any discipline recognized by the University/Institute or equivalent with 45% marks [40% for SC/ST candidate and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley].

**Note :**

- (i) *All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2024-25 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.*
- (vi) *Candidates should note that no "call letter" for the Entrance Test shall be sent to them by Post. They should report in the Institute on said date after filling up the Admission Form.*

**11.4 ADMISSION PROCEDURE**

**Physical Fitness Test : 60 Marks**

Marks will be awarded to Physical Fitness on the basis of performance in 50 meters sprint, Standing broad jump, Over head back throw and 1000 meters run/walk. The norms to convert the performance into points are given in

**General Awareness (Written Test) : 40 Marks**

Objective type questions on General Awareness, Sports Awareness, Sports General knowledge will form the written test. The duration of written test will be of **90 minutes**.



**NOTE:**

1. Appearance in written test and physical fitness test is mandatory in order to be eligible for consideration for admission.

### 11.5 FEMALE CANDIDATES

Married women are eligible for admission. But, if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

### 11.6 FEE STRUCTURE

11.6.1 Each Student shall pay the fee as given in **Annexure-18**.

**Note:** *For a course to continue a minimum of 05 candidates are required. If the course is discontinue due to this reason, than the fee will be refunded to provisionally selected candidates.*



## SYLLABUS OF WRITTEN TEST

### Post Graduate Diploma in Fitness Management (PGDFM)

Subject Knowledge	Reasoning	Total
30 Marks	10 Marks	40 Marks

1. Concept of Fitness & Wellness.
2. Components of Physical Fitness.
3. Concept of Strength, Endurance, Flexibility.
4. Basics of Nutrition.
5. Concept of Strength Training.
6. Physiology of Exercise.
7. Muscles and its types.
8. New trends of Fitness.
9. Preparation of workout design.
10. Concept of Fitness Management.
11. Principles of Fitness Management.



## 12. POST GRADUATE DIPLOMA IN STRENGTH & SPORTS CONDITIONING (PGDSSC)

[Two-Semesters]

### 12.1 ADMISSION SCHEDULE

Registration and submission of application form	20 June, 2025
Date of Written Test & Physical Fitness Test	25 to 27 June, 2025
Declaration of Result	01 July, 2025
Medical Examination dates	08 to 10 July, 2025
Date of Registration and Payment of Fee	08 to 10 July, 2025
Commencement of Classes	11 July, 2025

\* Information can be sought regarding admission through website [www.lnipe.edu.in](http://www.lnipe.edu.in)

### 12.2 ALLOCATION OF SEATS

Category	Total Seats
UR	10
SC (15%)	03
ST (7.5%)	02
OBC (27%)	05
EWS (10%) (Supernumerary)	02
PWD (3%)	As per GOI norms
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	As per GOI norms
Ward of regular LNIPE staff (Supernumerary)	01

**Note :** Seats for Foreign National candidates will be supernumerary.

### 12.3 ELIGIBILITY FOR ADMISSION

Bachelor Degree in any discipline recognized by the University/Institute or equivalent with 45% marks [40% for SC/ST candidate and Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley].

**Note :**

- (i) All the candidates appearing as Supplementary / Compartment in qualifying examinations for the session 2024-25 are eligible to appear in Entrance Test but their final results must be declared on or before the last date of Registration.
- (vii) Candidates should note that no "call letter" for the Entrance Test shall be sent to them by Post. They should report in the Institute on said date after filling up the Admission Form.

### 12.4 ADMISSION PROCEDURE

**Physical Fitness Test : 60 Marks**

Marks will be awarded to Physical Fitness on the basis of performance in 50 meters sprint, Standing broad jump, overhead back throw and 1000 meters run/walk. The norms to convert the performance into points are given in

**General Awareness (Written Test) : 40 Marks**

Objective type questions on General Awareness, Fitness & Sports Awareness, Strength & Conditioning, General Anatomy and Muscular system will form the written test. The duration of written test will be of **90 minutes**.

**NOTE:**

1. **Appearance in written test and physical fitness test is mandatory in order to be eligible for consideration for admission.**

**12.5 FEMALE CANDIDATES**

Married women are eligible for admission. But, if she conceives during the course, she will have to discontinue her studies for at least one Academic Year. She can join back afresh from the beginning of the semester keeping the Guidelines pertaining to the Maximum Duration of the course in mind.

**12.6 FEE STRUCTURE**

12.6.1 Each Student shall pay the fee as given in **Annexure-18**.

**Note:** *For a course to continue a minimum of 05 candidates are required. If the course is discontinue due to this reason, than the fee will be refunded to provisionally selected candidates.*

**12.7 COURSE INFORMATION**

Duration of the course is 01 year (two-semesters). A candidate must complete the course and pass the final examination within two academic years from the first admission to this programme. Details of Theory Subjects and Practical are as follows:

**12.7.1 THEORY SUBJECTS :**

Foundations of Strength Training, Resistance Training Program Design & Periodization-I, Resistance Training Program Design-II, Physiology of Strength Training, Exercise Nutrition, Assessment And Evaluation Of Strength

**12.7.2 PRACTICAL :**

Basic Level Practical Training (Internal), Teaching Lessons (Internal), Advanced Level Practical Training (External), Demonstration Ability (External)

**12.7.3 INTERNSHIP :**

Internship of duration (One month) preferably in the month of May & June.

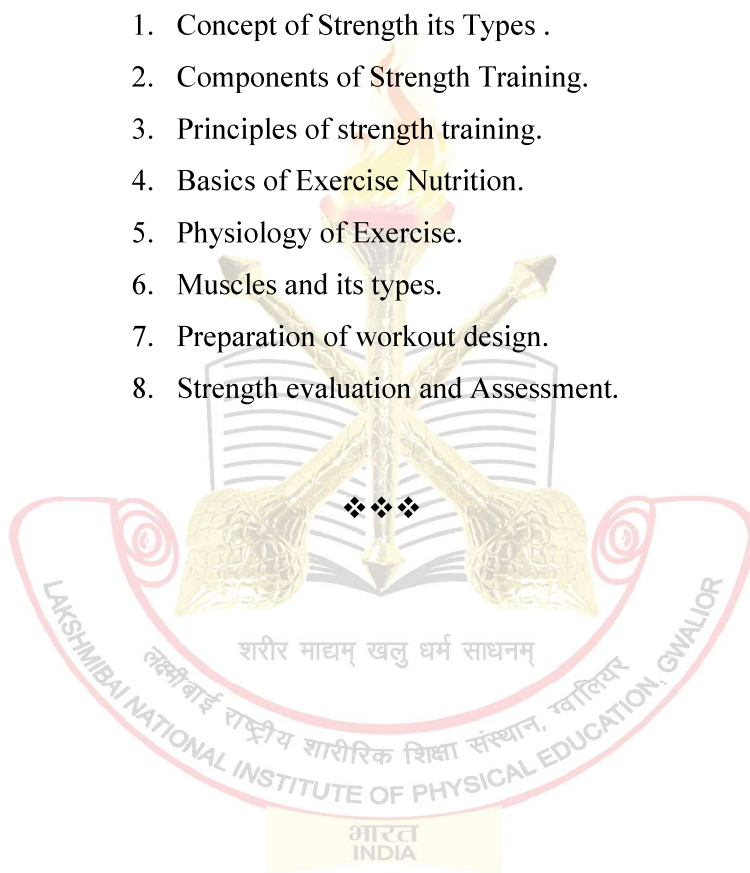
**Note :** *Boarding & Lodging shall be provided to limited students depending upon the availability based on merit.*



**SYLLABUS OF WRITTEN TEST**  
**Post Graduate Diploma in Strength and Sports Conditioning**  
**(PGDSSC)**

Subject Knowledge	Reasoning	Total
30 Marks	10 Marks	40 Marks

1. Concept of Strength its Types .
2. Components of Strength Training.
3. Principles of strength training.
4. Basics of Exercise Nutrition.
5. Physiology of Exercise.
6. Muscles and its types.
7. Preparation of workout design.
8. Strength evaluation and Assessment.



## Annexure-15 I

### FEE STRUCTURE

#### SEMESTER WISE FEES STRUCTURE FOR M.P.Ed. SESSION 2025-26

(Amount in Rupees)

S. No.	Fee & Fund Heads	Indian Students		International / NRI Students	
		I Semester	II Semester	I Semester	II Semester
PART-A					
1.	Tuition Fees	6000.00	6000.00	24000.00	24000.00
2.	Identity Card Fees	200.00	NIL	200.00	NIL
3.	Medi-Claim Insurance	1000.00	NIL	1000.00	NIL
4.	Registration Fees	1000.00	NIL	6000.00	NIL
5.	Syllabus and Scheme of Examination	200.00	NIL	200.00	NIL
6.	Examination Fees	3000.00	3000.00	3000.00	3000.00
7.	Sports Fund	4000.00	4000.00	12000.00	12000.00
8.	Development Fund	4000.00	4000.00	12000.00	12000.00
9.	Medical Fees	1000.00	1000.00	1000.00	1000.00
10.	Library Fees	1000.00	1000.00	1000.00	1000.00
11.	Laboratory Fund	500.00	500.00	500.00	500.00
12.	Student Welfare Fund	100.00	100.00	300.00	300.00
13.	Student Cultural /Literary Society Fund	1000.00	1000.00	1000.00	1000.00
	Total	23000.00	20600.00	62200.00	54800.00
PART- B					
1.	Hostel Fees	5000.00	5000.00	10000.00	10000.00
2.	Mess Charges	27500.00	27500.00	27500.00	27500.00
	Total	32500.00	32500.00	37500.00	37500.00
PART- C					
1.	Caution Money (Refundable)	2000.00	NIL	2000.00	NIL
2.	Security Deposit Hostel (Refundable)	3000.00	NIL	3000.00	NIL
	Total	5000.00	--	5000.00	--
	Total Part A + B + C	60500.00	53100.00	104700.00	92300.00

- Note:**
1. The institute reserve right to change fees structure at any time due to unforeseen unavoidable circumstances.
  2. Mess charges will be subject to change at any time as per review made by institute.
  3. Fee for subsequent years will be as per decision taken by appropriate authority from time to time.
  4. Any other unforeseen expenditure will be paid by students as and when required.



## Annexure-15 II

### FEE STRUCTURE

#### SEMESTER WISE FEES STRUCTURE FOR M.P.Ed. SESSION 2026-27

(Amount in Rupees)

S. No.	Fee & Fund Heads	Indian Students		International / NRI Students	
		III Semester	IV Semester	III Semester	IV Semester
PART-A					
1.	Tuition Fees	6000.00	6000.00	24000.00	24000.00
2.	Identity Card Fees	--	--	--	--
3.	Medi-Claim Insurance	1000.00	--	1000.00	--
4.	Registration Fees	--	--	--	--
5.	Syllabus and Scheme of Examination	--	--	--	--
6.	Examination Fees	3000.00	3000.00	3000.00	3000.00
7.	Sports Fund	4000.00	4000.00	12000.00	12000.00
8.	Development Fund	4000.00	4000.00	12000.00	12000.00
9.	Medical Fees	1000.00	1000.00	1000.00	1000.00
10.	Library Fees	1000.00	1000.00	1000.00	1000.00
11.	Laboratory Fund	500.00	500.00	500.00	500.00
12.	Student Welfare Fund	100.00	100.00	300.00	300.00
13.	Student Cultural /Literary Society Fund	1000.00	1000.00	1000.00	1000.00
	Total	21600.00	20600.00	55800.00	54800.00
PART- B					
1.	Hostel Fees	5000.00	5000.00	10000.00	10000.00
2.	Mess Charges	27500.00	27500.00	27500.00	27500.00
	Total	32500.00	32500.00	37500.00	37500.00
	Total Part A + B	54100.00	53100.00	93300.00	92300.00

- Note:**
1. The institute reserve right to change fees structure at any time due to unforeseen unavoidable circumstances.
  2. Mess charges will be subject to change at any time as per review made by institute.
  3. Fee for subsequent years will be as per decision taken by appropriate authority from time to time.
  4. Any other unforeseen expenditure will be paid by students as and when required.





**ANNEXURE-16 I**
**FEE STRUCTURE**
**SEMESTER WISE FEES STRUCTURE FOR M.A. (YOGA) / M.S.M. (MASTER OF SPORTS MGMT.)/ MA SPORTS JOURNALISM/M.SC. SPORTS SCIENCE  
SESSION 2025-26**

(Amount in Rupees)

S. No.	Fee & Fund Heads	Indian Students		International / NRI Students	
		I Semester	II Semester	I Semester	II Semester
PART-A					
1.	Tuition Fees	6000.00	6000.00	24000.00	24000.00
2.	Identity Card Fees	200.00	NIL	200.00	NIL
3.	Medi-Claim Insurance	1000.00	NIL	1000.00	NIL
4.	Registration Fees	1000.00	NIL	6000.00	NIL
5.	Syllabus and Scheme of Examination	200.00	NIL	200.00	NIL
6.	Examination Fees	3000.00	3000.00	3000.00	3000.00
7.	Sports Fund	4000.00	4000.00	12000.00	12000.00
8.	Development Fund	4000.00	4000.00	12000.00	12000.00
9.	Medical Fees	1000.00	1000.00	1000.00	1000.00
10.	Library Fees	1000.00	1000.00	1000.00	1000.00
11.	Student Welfare Fund	100.00	100.00	300.00	300.00
12.	Student Cultural /Literary Society Fund	1000.00	1000.00	1000.00	1000.00
	Total	22500.00	20100.00	61700.00	54300.00
PART- B					
1.	Hostel Fees	5000.00	5000.00	10000.00	10000.00
2.	Mess Charges	27500.00	27500.00	27500.00	27500.00
	Total	32500.00	32500.00	37500.00	37500.00
PART- C					
1.	Caution Money (Refundable)	2000.00	NIL	2000.00	NIL
2.	Security Deposit Hostel (Refundable)	3000.00	NIL	3000.00	NIL
	Total	5000.00	--	5000.00	--
	Total Part A + B + C	60000.00	52600.00	104200.00	91800.00

- Note:**
1. The institute reserve right to change fees structure at any time due to unforeseen unavoidable circumstances.
  2. Mess charges will be subject to change at any time as per review made by institute.
  3. Fee for subsequent years will be as per decision taken by appropriate authority from time to time.
  4. Any other unforeseen expenditure will be paid by students as an when required.



**ANNEXURE-16 II**
**FEE STRUCTURE**
**SEMESTER WISE FEES STRUCTURE FOR M.A. (YOGA) / M.S.M. (MASTER OF SPORTS MGMT.)/ MA SPORTS JOURNALISM/M.SC. SPORTS SCIENCE  
SESSION 2026-27**

(Amount in Rupees)

(Amount in ₹)					
S. No.	Fee & Fund Heads	Indian Students		International / NRI Students	
		III Semester	IV Semester	III Semester	IV Semester
PART-A					
1.	Tuition Fees	6000.00	6000.00	24000.00	24000.00
2.	Identity Card Fees	--	--	--	--
3.	Medi-Claim Insurance	1000.00	--	1000.00	--
4.	Registration Fees	--	--	--	--
5.	Syllabus and Scheme of Examination	--	--	--	--
6.	Examination Fees	3000.00	3000.00	3000.00	3000.00
7.	Sports Fund	4000.00	4000.00	12000.00	12000.00
8.	Development Fund	4000.00	4000.00	12000.00	12000.00
9.	Medical Fees	1000.00	1000.00	1000.00	1000.00
10.	Library Fees	1000.00	1000.00	1000.00	1000.00
11.	Student Welfare Fund	100.00	100.00	300.00	300.00
12.	Student Cultural /Literary Society Fund	1000.00	1000.00	1000.00	1000.00
	Total	21100.00	20100.00	55300.00	54300.00
PART- B					
1.	Hostel Fees	5000.00	5000.00	10000.00	10000.00
2.	Mess Charges	27500.00	27500.00	27500.00	27500.00
	Total	32500.00	32500.00	37500.00	37500.00
	Total Part A + B	53600.00	52600.00	92800.00	91800.00

- Note:**
1. The institute reserve right to change fees structure at any time due to unforeseen unavoidable circumstances.
  2. Mess charges will be subject to change at any time as per review made by institute.
  3. Fee for subsequent years will be as per decision taken by appropriate authority from time to time.
  4. Any other unforeseen expenditure will be paid by students as an when required.



## Annexure-17

### FEE STRUCTURE SEMESTER WISE FEES STRUCTURE FOR DIPLOMA IN SPORTS COACHING (DSC) SESSION 2025-26 (Only for Defense Personnel)

(Amount in Rupees)

S. No.	Fee & Fund Heads	Indian Students		International / NRI Students	
		I Semester	II Semester	I Semester	II Semester
PART-A					
1.	Tuition Fees	6000.00	6000.00	24000.00	24000.00
2.	Identity Card Fees	200.00	NIL	200.00	NIL
3.	Medi-Claim Insurance	1000.00	NIL	1000.00	NIL
4.	Registration Fees	1000.00	NIL	6000.00	NIL
5.	Syllabus and Scheme of Examination	200.00	NIL	200.00	NIL
6.	Examination Fees	3000.00	3000.00	3000.00	3000.00
7.	Sports Fund	4000.00	4000.00	12000.00	12000.00
8.	Development Fund	4000.00	4000.00	12000.00	12000.00
9.	Medical Fees	1000.00	1000.00	1000.00	1000.00
10.	Library Fees	1000.00	1000.00	1000.00	1000.00
11.	Laboratory Fund	500.00	500.00	500.00	500.00
12.	Student Welfare Fund	100.00	100.00	300.00	300.00
13.	Student Cultural /Literary Society Fund	1000.00	1000.00	1000.00	1000.00
	Total	23000.00	20600.00	62200.00	54800.00
PART- B					
1.	Hostel Fees	5000.00	5000.00	10000.00	10000.00
2.	Mess Charges	27500.00	27500.00	27500.00	27500.00
	Total	32500.00	32500.00	37500.00	37500.00
PART- C					
1.	Caution Money (Refundable)	2000.00	NIL	2000.00	NIL
2.	Security Deposit Hostel (Refundable)	3000.00	NIL	3000.00	NIL
	Total	5000.00	--	5000.00	--
	Total Part A + B + C	60500.00	53100.00	104700.00	92300.00

- Note:**
1. The institute reserve right to change fees structure at any time due to unforeseen unavoidable circumstances.
  2. Mess charges will be subject to change at any time as per review made by institute.
  3. Fee for subsequent years will be as per decision taken by appropriate authority from time to time.
  4. Any other unforeseen expenditure will be paid by students as and when required.



## Annexure-18

### FEE STRUCTURE

#### SEMESTER WISE FEES STRUCTURE FOR POST GRADUATE DIPLOMA IN SPORTS COACHING/ POST GRADUATE DIPLOMA IN FITNESS MANAGEMENT/ POST GRADUATE DIPLOMA IN SRENGTH/ SPORTS CONDITIONING & YOGA SESSION 2025-26

(Amount in Rupees)

S. No.	Fee & Fund Heads	Indian Students		International / NRI Students	
		I Semester	II Semester	I Semester	II Semester
PART-A					
1.	Tuition Fees	6000.00	6000.00	24000.00	24000.00
2.	Identity Card Fees	200.00	NIL	200.00	NIL
3.	Medi-Claim Insurance	1000.00	NIL	1000.00	NIL
4.	Registration Fees	1000.00	NIL	6000.00	NIL
5.	Syllabus and Scheme of Examination	200.00	NIL	200.00	NIL
6.	Examination Fees	3000.00	3000.00	3000.00	3000.00
7.	Sports Fund	4000.00	4000.00	12000.00	12000.00
8.	Development Fund	4000.00	4000.00	12000.00	12000.00
9.	Medical Fees	1000.00	1000.00	1000.00	1000.00
10.	Library Fees	1000.00	1000.00	1000.00	1000.00
11.	Laboratory Fund	500.00	500.00	500.00	500.00
12.	Student Welfare Fund	100.00	100.00	300.00	300.00
13.	Student Cultural /Literary Society Fund	1000.00	1000.00	1000.00	1000.00
	Total	23000.00	20600.00	62200.00	54800.00
PART- B					
1.	Hostel Fees	5000.00	5000.00	10000.00	10000.00
2.	Mess Charges	27500.00	27500.00	27500.00	27500.00
	Total	32500.00	32500.00	37500.00	37500.00
PART- C					
1.	Caution Money (Refundable)	2000.00	NIL	2000.00	NIL
2.	Security Deposit Hostel (Refundable)	3000.00	NIL	3000.00	NIL
	Total	5000.00	--	5000.00	--
	Total Part A + B + C	60500.00	53100.00	104700.00	92300.00

- Note:**
1. The institute reserve right to change fees structure at any time due to unforeseen unavoidable circumstances.
  2. Mess charges will be subject to change at any time as per review made by institute.
  3. Fee for subsequent years will be as per decision taken by appropriate authority from time to time.
  4. Any other unforeseen expenditure will be paid by students as and when required.



## Annexure-21

### UNIFORM

It is mandatory for the students to procure uniform/sports kit from the market strictly as per sample providing by the Institute abiding by below mentioned specifications:

#### B.P.Ed.

S. No.	Items	Boys	Girls
1.	T-Shirt (Light Grey)	Four	Four
2.	T-Shirt (White)	Two	Two
3.	Track Suit	One Set	One Set
4.	Short (Grey)	Four	Two
5.	Skirt (Grey)	-	Two
6.	Shirt (Full Sleeves) (White)	One	One
7.	Trouser (Black)	One	One
8.	Tie	One	One
9.	Blazer (Navy Blue)	One	One
10.	Bag	One	One

#### M.P.Ed. / PG Diploma / Diploma

S. No.	Items	Boys	Girls
1.	T-Shirt (Sky Blue)	Two	Two
2.	Track Suit (Royal Blue)	One Set	One Set
3.	Short (Navy Blue )	Two	One
4.	Skirt (Navy Blue)	-	One
5.	Shirt (Full Sleeves) (White)	One	One
6.	Trouser (Black)	One	One
7.	Tie	One	One
8.	Blazer (Steel Grey)	One	One
9.	Bag	One	One

#### M.A. (Yoga) / PGDYEd

S. No.	Items	Boys	Girls
1.	T-Shirt (White)	Two	Two
2.	Track Suit (Royal Blue)	One Set	One Set
3.	Short (White )	Two	One
4.	Skirt (White)	-	One
5.	Shirt (Full Sleeves) (White)	One	One
6.	Trouser (Black)	One	One
7.	Tie	One	One
8.	Blazer (Brown)	One	One
9.	Bag	One	One