

LAKSHMIBAI NATIONAL INSTITUTE OF PHYSICAL EDUCATION

Gwalior



Report on

Boys Intramural Competition

2024-25





TABLE OF CONTENT

| | |
|----|--------------------------------------|
| 1. | About Intramural |
| 2. | Boys Intramural Organizing Committee |
| 3. | Academic Calendar of Boys Intramural |
| 4. | Intramural Conduct and Point System |
| 5. | Result of Boys Intramural |
| 6. | Report of Boys Intramural |
| 7. | Glimpses of Intramural |
| 8. | Editorial Bord |



ABOUT INTRAMURALS

Intramurals refer to sports and recreational activities held within an educational institution, where students compete in various events. These Event promote physical fitness, teamwork, and school spirit of the competitions Intramural are an excellent way for students to engage in friendly competition while also building relationships and enhancing their overall experiences.

The intramural sports program is a highly anticipated event of the Institute. It takes place annually, starting on August 17, the Foundation Day of the Institute, marking the beginning of the academic year. Each house competes in a range of sports and games, showcasing their talent and teamwork.

These intramural not only encourage physical fitness but also foster a sense of unity and camaraderie among students from different Sports. Each house strives to outperform the others, creating an atmosphere of healthy competition and pride. Over the years, the intramural have become a tradition at our Institute, strengthening the bond between students and celebrating the spirit of sportsmanship.

LNIFE, Gwalior has 5 houses for boys in Bachelors of Physical Education. Initially, there was only Shivaji House and as the strength of the institute grew, it saw the increase in house numbers and Subhash, Pratap, Azad House for boys came into existence. In 2008-09 Aurobindo inducted.

These houses are all named after legendary figures of our country Every year there are intramural competitions where all the house compete against each other in various games and sports. Today, on the occasion of the inauguration of intramurals we will be witnessing the spectacular & energetic display of march-past.



NAME OF THE HOUSES



Aurobindo House



Azad House



Pratap House



Shivaji House



Subhash House



BOYS INTRAMURAL ORGANISING COMMITTEE

Dr. Sameer KumarYadav

Intramural Director (Boys)

Mr. Rishabh Awasthi

Org. Secretary (B.P.Ed. IVth Year)

Mr. Hitendra Rawat

Joint Secretary (B.P.Ed. IVth Year)

Mr. Ankit Singh

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Mr. Shubham Rathi

Joint Secretary (B.P.Ed. IVth Year)

Mr. Pushpank Patel

Joint Secretary (B.P.Ed. IVth Year)



ACADEMIC CALENDER OF INTRAMURAL (2024-25)

| S.No. | Intramurals | Date |
|-------|---------------|------------|
| 1. | March Past | 17.08.2024 |
| 2. | Swimming | 30.08.2024 |
| 3. | Badminton | 13.09.2024 |
| 4. | Tug of War | 25.09.2024 |
| 5. | Volleyball | 27.09.2024 |
| 6. | Cross Country | 27.11.2024 |
| 7. | Basketball | 21.02.2025 |
| 8. | Cricket | 28.03.2025 |
| 9. | Hockey | 10.04.2025 |
| 10. | Track & Field | 15.04.2025 |



INTRAMURAL CONDUCT AND POINT SYSTEM

Purpose

The Intramural Sports Conduct System is established to ensure a safe, respectful, and enjoyable environment for all participants in both knockout and league formats. It sets clear expectations for behavior and outlines consequences for violations.

Code of Conduct

Respect for Others- Treat all players, officials, coaches, and spectators with respect and dignity. No harassment, discrimination, or abusive language will be tolerated.

Sportsmanship- Display good sportsmanship at all times, regardless of the outcome of games. Congratulate opponents and officials after matches.

Fair Play- Follow the rules of the game and accept the decisions of officials without argument. Cheating, including but not limited to falsifying eligibility, will result in disciplinary action.

Safety- Prioritize the safety of all participants. Report unsafe conditions or behavior to officials or administrators immediately.

Substance Abuse - The use of alcohol, drugs, or any illegal substances before or during games is strictly prohibited.

Format Specific Guidelines

Qualifying system designed for an intramural sports program that incorporates both knockout (single-elimination) and league (round-robin) formats. This system outlines the criteria for team eligibility, qualification procedures, and the structure of both formats. Once a team loses a match by using single Elimination method, they are eliminated from the tournament. Further by Round-Robin Play each team competes against every other team in their division.

Scoring and Standings: Teams earn points based on final standing of the intramural competition.



Boys Intramural Point System

| Place | Points |
|-------|--------|
| 1st | 30 |
| 2nd | 25 |
| 3rd | 20 |
| 4th | 15 |
| 5th | 10 |





RESULTS OF BOYS INTRAMURAL

| | Aurobindo | Pratap | Azad | Shivaji | Subhash |
|---------------|-----------|--------|------|---------|---------|
| Marching | 27.5 | 20 | 15 | 27.5 | 10 |
| Swimming | 30 | 25 | 10 | 20 | 15 |
| Badminton | 17.5 | 17.5 | 30 | 10 | 25 |
| Tug of War | 20 | 25 | 30 | 10 | 15 |
| Volleyball | 10 | 25 | 20 | 30 | 15 |
| Cross Country | 25 | 30 | 10 | 20 | 15 |
| Basketball | 10 | 15 | 25 | 30 | 20 |
| Cricket | 30 | 15 | 25 | 20 | 10 |
| Hockey | 25 | 15 | 20 | 10 | 30 |
| Track & Field | 30 | 25 | 20 | 10 | 15 |
| Total | 225 | 212.5 | 205 | 187.5 | 170 |





INTRAMURAL REPORT

MARCH PAST

Introduction

On August 17, 2024, LNIPE hosted an exhilarating Interhouse March Past Competition as part of its annual intramural events. This year marked a historic milestone with exceptional participation and remarkable performances from all the houses involved.

Participation:

A total of 5 houses participated in the competition, showcasing their spirit and discipline. The houses included:

1. Shivaji House
2. Aurobindo house
3. Pratap House
4. Azad House
5. Subhash House





Results:

The competition was intense, particularly among the boys' houses, where, for the first time in LNIPE history, both Shivaji House and Aurobindo House emerged as joint winners, each achieving the same score. by showcasing exceptional team spirit and synchronization.

Chief Guest's Address:

The event concluded with an inspiring address from the chief guest, who commended the institute for organizing such a wonderful competition. The chief guest praised the dedication and emphasized the importance of teamwork, discipline, and sportsmanship in both sports and life.

Conclusion:

The March Past Competition was not only a celebration of athleticism but also a testament to the spirit of unity within LNIPE. The successful execution of the event has set a high standard for future competitions and has fostered an even stronger sense of community among the students.





SWIMMING INTRAMURAL

INTRODUCTION

On 30th August 2024, the Aurobindo House successfully organized a thrilling Swimming Intramural Competition at LNIPE, Gwalior. The event showcased the exceptional talent and sportsmanship of participants across five exciting events.

1. Freestyle event 2. Backstroke event 3. Medley event 4. Kickboard event 5. Pull buoy event

PARTICIPATION:

4 players from each house participated in the 5 events. All the events were contested in a relay format,

RULES

1. Swimmer from match practice can participate in maximum of three events only.
2. Non-match practice has no limit in participation.
3. All the world Aquatics Rules will be observed.
4. All participants should wear a Swimming cap of their House Color. The kick board and pull buoy will be passed from hand to hand like a baton. (The last swimmer will touch the wall, after which the finish will be recognized)



RESULTS

Aurobindo House emerged as the overall champion of the competition, demonstrating outstanding performance and teamwork throughout the events.

AWARDS

- **Best Player of the Tournament:** *Abhigyan Dutta* (Aurobindo House) was awarded the title of Best Player for his exceptional performance and dedication in the pool.
- **Promising Player Award:** The Promising Player award went to *Sachin Dansena* (Shivaji House), recognizing his potential and commendable effort during the competition.





BADMINTON INTRAMURAL

Introduction

The Badminton Intramural Competition, organized by Azad House, took place over two exciting days on 6th and 13th September 2024. The event brought together five houses, showcasing remarkable talent and sportsmanship in a highly competitive environment.

Participation:

Each house had 7 teams. Each team consisted of two players (total 14 players from each house)

Rules

1. Each house should have 7 teams. Each team consists of two players. (total 14 players from each house)
2. Maximum 6 match practice players can participate from each house.
3. Reserve players can participate if only the main players are not able to participate but the team can not be changed once the play begins.
4. Each match will be played up to 21 points with a difference of 2 points till 29 all. The team which scores 30 points shall be declared as winner. Other Rule of BWF shall be followed.
5. Team will be disqualified if any foul play is committed by the team.
6. House uniforms compulsory. Proper footwear.



Results

- **Champion:** Azad House

Awards

- **Best Player of the Tournament:**

Ritesh Sharma (Azad House) was awarded the Best Player for his outstanding skills and exceptional performance throughout the competition.

- **Promising Player Award :** The Promising Player award was given to *Ayush Bisht* (Subhash House), recognizing his potential and commendable effort during the matches.





TUG OF WAR INTRAMURAL

Introduction

On 27th September 2024, Pratap House hosted an exhilarating Tug of War Intramural Competition at LNIPE, Gwalior. The event was filled with excitement and fierce competition, culminating in a memorable final match.

Participation:

Each team consisted of 10 players (8 playing and 2 reserves)

Rules

1. Each team consist of 10 players [8 playing & 2 reserve].
2. Team can make 1 substitution during a match, but only once per match.
3. The competition will be a best-of-three format
4. Only one coach is allowed on the ground with the team.
5. If any foul play is committed, the team will be disqualified.
6. There will be a 2-minute rest between each pull.
7. Spike, Studs, Boots, Tracking Shoes are not allowed. Only Sports/Running Shoes are allowed.
8. The total team weight must not exceed 580kg.
9. Teams must report for weigh-in to Mr. Varun Terang at the Weight lifting Hall on 27th September, 2024 at 08:30am sharp.

Results

The final show cased a thrilling contest between Azad House and Pratap House. Utilizing a unique and creative technique, Azad House demonstrated exceptional teamwork and strategy, ultimately securing victory over Pratap House. The innovative approach employed by Azad House was praised by both participants and spectators alike.

Awards

- **Champion :** Azad House
- **Best Player of the Tournament:**

Abhay Panwar (Azad House) earned the title of Best Player for his outstanding performance.

- **Promising Player Award:** The Promising Player award was presented to *Rahul Gurjar* (Pratap House), acknowledging his potential and commendable efforts throughout the event.





VOLLEYBALL INTRAMURAL

Introduction

The Volleyball Intramural Tournament held on the 18th and 25th of October 2024 was an exciting and highly competitive event, organized by Subhash House. The tournament saw the participation of five houses, with teams battling it out for supremacy in a fast-paced, action-packed series of matches. The tournament culminated in a thrilling final that kept the spectators on the edge of their seats.

Participation;

Each team consisted of 12 players.

Rules

1. The maximum number of the participants shall be 12 from each house.
2. List of the participants should be submitted on the day of Intramural Competition.
3. All the houses should wear their own house dresses / uniform only.
4. FIVB rules and regulation will be followed during the competition.
5. Volleyball Intramural will be conducted on the basis of knock out system.
6. Best of 3 sets will be followed throughout the competition.
7. Referee's decision will be considered as final and no objection & protest is allowed.



Results

The tournament reached its peak during the final match, where **Pratap House** faced off against **Shivaji House**. The match was a nail-biting encounter that went down to the wire.

After a hard-fought battle, **Shivaji House** emerged victorious, winning the final in a thrilling third-set decider.

Awards

- **Player of the Final Tournament:** *Aryan Damhe* of Shivaji House.
- **Promising Player of the Tournament:** *Prateek* of Pratap House.





CROSS COUNTRY INTRAMURAL

Introduction

"On November 27, 2024, Subhash House hosted an exhilarating cross-country intramural, pushing participants to their limits and fostering a spirit of teamwork and determination. Let's dive into the highlights!

Participation

Each house has 15 participating members

Rules

1. Each house had 15 participating members.
2. List of participants should be submitted on the day of intramural competition.
3. All the houses should wear their own house dress only.
4. Participants from all the houses would be given tokens according to their ranks.
5. After combining the total of tokens from each house, the house with the lowest total would win.
6. Referees decision will be considered as final and no objection and protest is allowed.



Result

The Cross-Country Intramural, organized by Subhash House on November 27, 2024, was a resounding success, showcasing the athleticism and determination of students from various houses. After a fiercely competitive event, Pratap House emerged victorious, demonstrating exceptional endurance and teamwork. Their outstanding performance earned them the top spot, and they were duly awarded for their achievement. Congratulations to Pratap House on their well-deserved win, and appreciation to Subhash House for hosting a memorable event.

Awards

- **Player of the tournament** – Yash Tyagi of Aurobindo House
- **Promising player of the tournament** – Aditya Khatik of Pratap House





BASKETBALL / INTRAMURAL

Introduction

"The Aurobindo House Basketball Intramural, held on February 21-22, 2024 was a thrilling showcase of skill, teamwork, and sportsmanship. Let's take a look at the highlights and results of this exciting event!"

Participation

Each house has 12 participating members

Rules

1. Team Size: Each team is allowed to have 12 players on their roster.
2. Playing Five: Only 5 players from each team can be on the court at a time.
3. Quarter Play: Each player must play at least one full quarter in the game.
4. Game Format: The game will be divided into four quarters.
5. Substitutions: Substitutions can be made during designated stoppages in play.
6. Standard Rules: All standard basketball rules will apply unless specified otherwise.
7. Sportsmanship: Fair play and sportsmanship are expected from all participants.



Result

Shivaji House emerged as the winner, showcasing exceptional skill and teamwork. The tournament was organized by Aurobindo House, promoting sportsmanship and healthy competition among participants.

Awards

- **Player of the tournament** – Akash Sen from Shivaji House
- **Promising player of the tournament** – Pankaj Singh of Shivaji House





CRICKET INTRAMURAL

Introduction

"The Azad House Cricket Intramural, held on March 26 and 28, 2025 was a thrilling display of cricketing skills, teamwork, and sportsmanship. Let's take a look at the highlights and results of this exciting event!"

Participation

Each house has 15 participating members out of 15, 11 are allowed to play.

Rules

1. Team Size: 15 players per team, with 11 playing in each match.
2. Match Format: 8-over matches.
3. Player Substitution: Players can be substituted within the 15-player roster.
4. Sportsmanship: Fair play and sportsmanship are expected.
5. Umpire Decisions: Umpires' decisions are final.
6. Winning Criteria: Team with the highest score at the end of 8 overs wins.



Result

The Cricket Intramural, organized by Azad House on March 26 and 28, saw Aurobindo House emerge as the winner. The tournament featured 8-over matches, showcasing the teams' cricketing skills and sportsmanship. Aurobindo House's impressive performance earned them the top spot.

Awards

- **Player of the tournament** – Sagar Yadav from Aurobindo House
- Promising player of the tournament** – Rishi Prakash from Aurobindo House





HOCKEY INTRAMURAL

Introduction

The Pratap House Hockey Intramural, held on April 10, 2025 was an exhilarating display of skill, teamwork, and sportsmanship on the field. Let's take a look at the highlights and results of this exciting event!"

Participation

Each house has 18 participating members out of 18, 11 are allowed to play.

Rules

1. Team Size: Each team consists of 18 players.
2. Playing Eleven: 11 players from each team will be on the field at a time.
3. Quarter Format: The game will be divided into 4 quarters, each lasting 10 minutes.
4. Player Participation: Each player must play at least one full quarter in the game.
5. Standard Rules: All standard hockey rules will apply unless specified otherwise.
6. Substitutions: Substitutions can be made during designated stoppages in play or between quarters.



Result

Subhash House clinched the hockey intramural title, organized by Pratap House, securing their first win of the year in a thrilling tournament.

Awards

- **Player of the tournament** – Anurag Suthar from Subhash House
- **Promising player of the tournament** – Nikhil Khichi from Aurobindo House





TRACK & FIELD INTRAMURAL

Introduction

The Track and Field Intramural, jointly organized by Shivaji House and Teresa House on April 25, marked the thrilling finale to the 2024-25 intramural session. Athletes showcased their speed, agility, and endurance in various events.

Participation

Each house has 18 participating members out of 18.

Rules

Events:

1. 4x100m Relay (4 participants per team)
2. 4x400m Relay (4 participants per team)
3. Medley Relay (4 participants per team)
4. Shot Put (3 participants per team)
5. Long Jump (3 participants per team)

General Rules:

- Standard track and field rules apply.
- Each participant can compete in only one event.
- Team scoring will be based on individual event rankings.
- The team with the highest overall score wins the intramural.



Result

Aurobindo House won the Track and Field Intramural, jointly organized by Shivaji House and Teresa House on April 25, marking the final intramural event of the 2024-25 session. This victory also earned them the overall winner title for the session.

Awards

- **Player of the tournament** – Abhishek Kujur from Aurobindo House
- **Promising player of the tournament** – Siddharth Singh from Pratap House.





GLIMPSES OF

INTRAMURAL

- **March past**
- **Swimming**
- **Badminton**
- **Tug of war**
- **Volleyball**
- **Cross Country**
- **Basketball**
- **Cricket**
- **Hockey**
- **Track & Field**



GLIMPSES OF INTRAMURAL

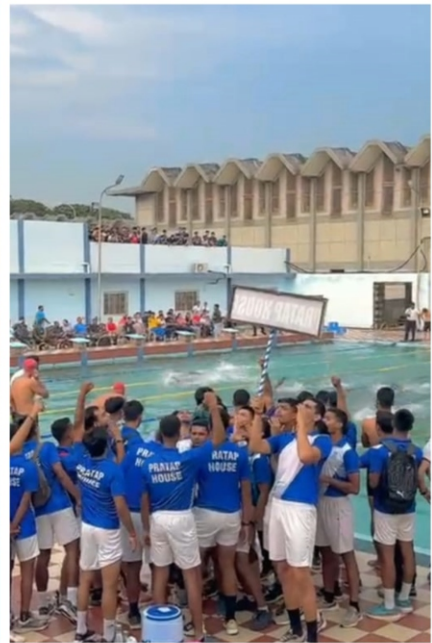
March Past





GLIMPSES OF INTRAMURAL

Swimming



Collage Maker



GLIMPSES OF INTRAMURAL

Badminton



| | Subhash | Prateb | Shivaji | Azad | Aurobind |
|-------|---------|--------|---------|------|----------|
| R1 | 4 | 4 | 3 | 4 | 3 |
| R2 | 3 | 4 | 2 | 5 | 3 |
| R3 | 6 | 3 | 1 | 5 | 4 |
| R4 | 2 | 2 | 4 | 5 | 3 |
| Total | 15 | 13 | 10 | 19 | 13 |





GLIMPSES OF INTRAMURAL

Tug of War





GLIMPSES OF INTRAMURAL

Volleyball



Collage Maker



GLIMPSES OF INTRAMURAL

Cross Country





GLIMPSES OF INTRAMURAL

Basketball





GLIMPSES OF INTRAMURAL

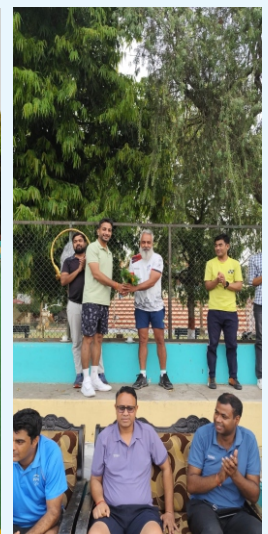
Cricket





GLIMPSES OF INTRAMURAL

(Contd.)





GLIMPSES OF INTRAMURAL

Track & Field





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