



UGC- Malaviya Mission Teacher Training Centre
Lakshmibai National Institute of Physical Education

GWALIOR – 474002 (M. P) (Deemed University)

An Online Short Term Programme on

“Stress: A Threat in 21st Century”

Date: 23/02/2026 to 28/02/2026 (6 working Days)

Time: 10:00 AM to 06.00 PM (4 Lectures per day)

Guidelines for Participants:

- Register on the Malaviya Mission Teacher Training portal before the programme.
- **Attendance is compulsory in all sessions.**
- The certificate will be issued to those who have attended 6 working days (36 hours) programme and qualified the assessment parameters.

Registration Details: Participants should register on Malaviya Mission Teacher Training Portal i.e. <https://mmc.ugc.ac.in> and select Lakshmibai National Institute of Physical Education in Center Name.

Registration Fee: No Registration Fee.

Eligibility Criteria

All in service teachers in higher education working in universities and colleges that are included under Section 2(f) of the UGC Act, even though they may not yet be fit under Section 12 (B), may be invited to participate in the MM capacity building training programme. The teachers of colleges that do not yet come within the purview of Section 2(f), but have been affiliated to a university for at least five years, will be permitted to participate in these programmes. Faculty Members working in Institutes of National Importance are also eligible to participate.

Steps to register by Participants:

Either:

Visit/Click <https://mmc.ugc.ac.in>

Click Register, fill and submit.

Or:

Click-<https://mmc.ugc.ac.in>

Click Centers Menu and then search LNIPE.

Under Action Menu, click on Apply.

For More information,

Visit on; <https://mmttc-gwalior.com>

Also, you may contact us on 0751-2440950, 7693968247

Or, Email: asclnipe@rediffmail.com

(Course Coordinator)

Dr. Payel Das

Assistant Professor, LNIPE, Gwalior (MP)

Mob: 7067037789

Prof. Anurodh Singh Sisodia

(Director)

MMTTC, LNIPE, Gwalior (MP)