

List of Ph.D. Scholars Session 2020-21

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
1	2020-21	14.12.2020	400	Mr. Saurabh Singh Gurjar	Physical Education Pedagogy	ANALYSIS OF OPTIMAL TRIGGER MOVEMENT FOR BATSMEN AGAINST THE SPIN AND FAST BOWLER USING STANCE BEAM STRIKKER	Dr. Brij Kishore Prasad	
2	2020-21	14.12.2020	405	Mr. Pushpendra Gwala	Sports Psychology	A COMPARATIVE STUDY OF SELECTED PSYCHOLOGICAL VARIABLES AND JOB SATISFACTION AMONG THE PLAYERS APPOINTED IN DIFFERENT ORGANISATIONS UNDER SPORTS QUOTA	Dr. Bharat Verma	
32	2020-21	14.12.2020	406	Ms. Gayatri Bisht	Sports Biomechanics	BIOMECHANICAL AND ELECTROMYOGRAPHICAL ANALYSIS OF BACKAND OVERHEAD STROKES PERFORMANCE OF MALE BADMINTON PLAYERS	Dr. Vinita Bajpai Mishra	
4	2020-21	14.12.2020	407	Ms. Kiran Kumari	Sports Biomechanics	EFFECT OF BALANCE TRAINING ON VARIOUS AGE GROUPS IN GAIT AND POSTURAL SWAY	Dr. Amar Kumar	
5	2020-21	14.12.2020	415	Mr. Mahesh Madagouda Pujari	Exercise Physiology	A COMPARATIVE STUDY ON SELECTED PHYSIOLOGICAL, PHYSICAL AND ANTHROPOMETRIC VARIABLES AMONG THE PLAYERS OF INDIGENOUS AND NON-INDIGENOUS GAMES	Dr. Madan Singh Rathore	
6	2020-21	14.12.2020	421	Mr. Sanjeev Kumar	Yogic Sciences	EFFECT OF SELECTED ASANAS AND YOGA NIDRA IN TERMS OF ADHD AND CORTISOL LEVEL AMONG CHILDREN	Dr. Moradhvaj Singh Co-Supervisor-Vijay Kumar Singh	SRF
7	2020-21	14.12.2020	422	Ms. Akanksha Mittal	Yogic Sciences	EFFECT OF YOGIC PRACTICES ON PHYSIOLOGICAL AND BIOCHEMICAL PARAMETERS OF ADULT FEMALE WITH RESPECT OF LEUCORRHOEA DISORDER	Dr. Nibu R. Krishna Co-Supervisor- Deepeshwar Singh	SRF

List of Ph.D. Scholars Session 2021-22

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
1	2021-22	21.10.2021	423	Ms. Akshita Sekhon	Sports Psychology	EFFECT OF STRESS INOCULATION TRAINING & EYE MOVEMENT DESENSITIZATION AND REPROCESSING ON SELECTED PSYCHOLOGICAL AND PHYSIOLOGICAL VARIABLES IN GOLFERS	Dr. Gayatri Pandey	
2	2021-22	21.10.2021	425	Ms. Anchal Sharma	Yogic Sciences	EFFECTIVENESS OF LAUGHTER YOGA IN TERMS OF SELECTED PSYCHOLOGICAL PHYSIOLOGICAL AND HEMATOLOGICAL VARIABLES OF ORPHAN SPECIAL CHILDREN OF GWALIOR	Dr. Moradhvaj Singh Co-Supervisor-Vijay Singh Gussain	
3	2021-22	20.10.2021	426	Ms. Charu Sarathe	Sports Biomechanics	KINEMATICAL ANALYSIS ON DIFFERENT PHASES OF TRACK START AMONG NATIONAL FEMALE SWIMMERS	Prof. Joseph Singh	
4	2021-22	21.10.2021	427	Ms. Khushbu Sisodiya	Physical Education Pedagogy	COMPARISON OF RECOVERY STATUS OF AEROBIC AND ANAEROBIC CAPACITY OF SELECTED PHYSIOLOGICAL AND BIOMECHANICAL VARIABLES OF HOCKEY PLAYERS	Dr. Brij Kishore Prasad	
5	2021-22	20.10.2021	428	Ms. Priyanka	Yogic Sciences	EFFECT OF YOGIC INTERVENTION ON PSYCHOLOGICAL VARIABLES OF FEMALE PRISONERS	Dr. Vinita Bajpai Mishra Co-Supervisor- Manorama Nikhra	
6	2021-22	20.10.2021	429	Ms. Lata Aparna Deori	Yogic Sciences	EFFECT OF YOGIC INTERVENTION ON MUSCLE FATIGUE AND MUSCLE SORENESS OF FEMALE ATHLETES	Dr. Payel Das Co-Supervisor- Dr. Lakshmi Kandan	
7	2021-22	21.10.2021	430	Ms. Namrta Athwani	Yogic Sciences	EFFECT OF YOGIC PRACTICES ON MENTAL HEALTH AND ADJUSTMENT OF VISUALLY IMPAIRED STUDENTS	Dr. Manoj Sahu Co-Supervisor- Dr. Indu Sharma	SRF

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
8	2021-22	21.10.2021	431	Ms. Nandini Singh	Exercise Physiology	EFFECT OF TRANSDISCIPLINARY TRAINING PROTOCOL ON PERIMENOPAUSAL AND POSTMENOPAUSAL PROBLEMS OF SEDENTARY WOMEN	Dr. Birendra Jhanjharia	
9	2021-22	22.10.2021	432	Ms. Niranjana Yadav	Sports Psychology	EFFECT OF YOGA INTERVENTION ON PSYCHOLOGICAL WELL-BEING AND SELECTED PSYCHOMOTOR VARIABLES ON RESIDENTIAL SCHOOL GIRLS	Prof. (Dr.) Mahendra Kumar Singh	
10	2021-22	20.10.2021	433	Ms. Priya Sharma	Yogic Sciences	EFFECT OF YOGIC PRACTICES ON IMMUNE SYSTEM FUNCTIONING OF SCHOOL GOING CHILDREN OF GWALIOR	Dr. Nibu R. Krishna CO- Supervisor- Dr. Indu Sharma	
11	2021-22	20.10.2021	435	Ms. Purnima Chetry	Yogic Sciences	INFLUENCE OF NOSTRIL BREATHING MANIPULATION ON SELECTED PSYCHOLOGICAL AND PHYSIOLOGICAL VARIABLES OF SCHOOL GOING STUDENTS	Dr. Payel Das Co-Supervisor- Dr. Lakshmi Kandan	
12	2021-22	21.10.2021	436	Ms. Raksha Sharma	Yogic Sciences	EFFECTIVENESS OF MEDITATIVE TECHNIQUES IN TERMS OF PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES OF COLLEGE STUDENTS OF JAIPUR	Dr. Moradhvaj Singh Co-Supervisor- Dr. Sanjib Patra	
13	2021-22	21.10.2021	438	Mr. Ajay kumar	Yogic Sciences	EFFECTIVENESS OF YOGA NIDRA IN TERMS OF SLEEP QUALITY AND PSYCHOLOGICAL VARIABLES OF PREGNANT WOMEN	Dr. Megha Sahu Co-Supervisor- Dr. Arti Yadav	SRF
14	2021-22	21.10.2021	439	Mr. Akshit Saharan	Yogic Sciences	EFFECT OF SELECTED YOGIC PRACTICES ON TRIGUNA AND PSYCHOLOGICAL VARIABLES ON PRISONERS OF GWALIOR CENTRAL JAIL	Dr. Anindita Das Co-Supervisor- Dr. Vijay Kumar Singh	SRF

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
15	2021-22	20.10.2021	440	Mr. Alok Jhinkwan	Yogic Sciences	COMPARATIVE STUDY OF EFFECTIVENESS OF YOGA NIDRA IN TERMS OF SELECTED PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES AMONG SCHOOL TEACHERS	Dr. Mukesh Narwariya Co- Supervisor- Dr. Asem Jayanti Devi	JRF
16	2021-22	20.10.2021	441	Mr. Amit Pal	Sports Psychology	EFFECT OF STABILITY, PRECISION AND CONCENTRATION EXERCISES ON SHOOTING ABILITY AND PLANTER OSCILLATION OF SHOOTERS	Dr. C.P. Singh Bhati	
17	2021-22	20.10.2021	442	Mr. Ankit Kumar	Yogic Sciences	A STUDY OF EFFECT OF PRANAYAMA ON QUALITY OF LIFE AND SELECTED PHYSIOLOGICAL VARIABLES AMONG THE URBAN WOMEN OF DELHI-NCR	Dr. Gaurav Sanotra Co-Supervisor- Dr. Vijay Singh Gussain	
18	2021-22	20.10.2021	443	Mr. Ankit Singh	Physical Education Pedagogy	EFFECT OF RECOVERY DRINK ON THE RECOVERY PATTERN IN RACE WALKERS	Dr. Dilip Tirkey	
19	2021-22	22.10.2021	444	Mr. Arun Pratap Rajak	Yogic Sciences	A STUDY OF EFFECT OF YOGIC PRACTICES ON SELECTED PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES OF COLLEGE GOING STUDENTS	Dr. Yatendra Kumar Singh	
20	2021-22	20.10.2021	445	Mr. Azhar Hussain Ansari	Physical Education Pedagogy	CONSTRUCTION AND VALIDATION OF NUTRITION AND DOPING SCALE FOR THE STAKEHOLDERS OF SPORTS	Dr. Yatendra Kumar Singh	
21	2021-22	22.10.2021	446	Mr. Chinagodaba Banagarusai	Sports Biomechanics	BIOMECHANICAL ANALYSIS OF SPIN BOWLING ACTION AND ITS VARIATIONS IN RELATION TO ACCURACY	Dr. Narendra Yadav	

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
22	2021-22	21.10.2021	447	Mr. Deepak Singh	Health Sciences	EFFECT OF LAND AND WATER BASED PLYOMETRIC TRAINING ON PHYSICAL AND PHYSIOLOGICAL VARIABLES AMONG BASKETBALL PLAYERS : A COMPARATIVE STUDY	Dr. Sanjeev Yadav	
23	2021-22	20.10.2021	448	Mr. Divij	SM&C	AN EXPLORATORY STUDY OF PARA ABILITY ATHLETE AND NON ATHLETE INDIVIDUALS OF INDIA	Dr. Ashish Phulkar	
24	2021-22	20.10.2021	450	Mr. Gaurav Yadav	Yogic Sciences	EFFECT OF YOGA NIDRA AND MSRT ON SOCIAL MEDIA ADDICTION SELF ESTEEM STRESS AND WELL BEING AMONG COLLEGE STUDENTS	Dr. Sameer Kumar Yadav Co-Supervisor- Dr. Vijay Kumar Singh	JRF
25	2021-22	21.10.2021	451	Mr. Jatin Bhosle	Sports Biomechanics	A COMPARATIVE STUDY OF ANTHROPOMETRIC AND ELECTROMYOGRAPHICAL DIFFERENCES BETWEEN FRONT-ON AND SIDE-ON MALE FAST BOWLERS	Dr. Y.S. Rajpoot	
26	2021-22	20.10.2021	452	Mr. Krishna Suryawanshi	Yogic Sciences	EFFECT OF OMKAR CHANTING ON SELECTED PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES OF ORPHANS	Dr. Padmakar Co-Supervisor-Dr. Lara Sharma	SRF
27	2021-22	20.10.2021	453	Mr. Kuldip Kumar	Yogic Sciences	EFFECTIVENESS OF YOGIC INTERVENTION IN TERMS OF PSYCHOLOGICAL AND PHYSIOLOGICAL VARIABLES OF POLICE PERSONNELS	Dr. C.P. Singh Bhati Co-Supervisor- Dr. Madhvi Chandra	SRF
28	2021-22	21.10.2021	454	Mr. Lakhya Jyoti Saikia	Sports Biomechanics	KINEMATIC ANALYSIS AND TRUNK MUSCLE ACTIVATION OF OPEN STANCE AND SQUARE STANCE IN TENNIS BACKHAND DRIVE	Dr. Y.S. Rajpoot	

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
29	2021-22	20.10.202	457	Mr. Monu	Physical Education Pedagogy	COMPARISON OF RECOVERY INTERVENTIONS FOR JUDO PLAYERS IN RELATION TO SELECTED PHYSIOLOGICAL VARIABLES	Dr. Gaurav Sanotra	
30	2021-22	21.10.2021	459	Mr. Neeraj Kumar	Yogic Sciences	EFFECT OF YOGIC INTERVENTIONS AT VARIOUS TEMPERATURES ON SELECTED AGING BIO-MARKERS OF SEDENTARY MALES	Dr. Padmakar Co-Supervisor- Dr. Ajay Pal	JRF
31	2021-22	22.10.2021	460	Mr. Nikhil Sharma	Yogic Sciences	EFFECTIVENESS OF YOGIC PRACTICES ON THE BASIS OF AUDIT PSYCHOLOGICAL AND PHYSIOLOGICAL VARIABLES OF ALCOHOL ADDICTS	Dr. Nibu R. Krishna Co- Supervisor- Dr. Suresh Lal Barnwal	SRF
32	2021-22	21.10.2021	461	Mr. Pradeep Turukmane	Physical Education Pedagogy	COMPARISON OF SELECTED PSYCHOLOGICAL AND SOCIOLOGICAL ATTRIBUTES OF COACHES AND PHYSICAL EDUCATION TEACHERS OF CENTRAL INDIA	Dr. Dilip Tirkey	
33	2021-22	20.10.2021	462	Mr. Prokash Roy	SM&C	REVAMPING OF FOOTBALL DELHI : A CASE STUDY	Dr. K.K. Sahu	
34	2021-22	21.10.2021	463	Mr. Rahul Kushwah	Exercise Physiology	COMPARATIVE ANALYSIS OF ENERGY EXPENDITURE AT DIFFERENT STAGES OF SLOW AND FAST YOGIC NOSTRIL BREATHING	Dr. Payel Das	
35	2021-22	22.10.2021	464	Mr. Rajesh Kumar	Yogic Sciences	EFFECT OF GAYATRI MANTRA ON PSYCHOLOGICAL VARIABLES OF DISABLED STUDENTS OF GWALIOR	Dr. Pramod Kumar Das Co-Supervisor- Dr. Vijay Singh Gussain	JRF

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
36	2021-22	20.10.2021	465	Mr. Ratan Kumar Deshi	Sports Biomechanics	EFFECT OF YOGIC ASANAS ON MUSCLE ACTIVATION FOR STRENGTHENING OF LOWER EXTREMITY	Dr. Vinita Bajpai Mishra	JRF
37	2021-22	20.10.2021	466	Mr. Rohit Kumar	Yogic Sciences	EFFECT OF YOGIC INTERVENTION ON PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES OF NURSING STUDENTS	Dr. K.K. Sahu Co-Supervisor- Dr. Subramanya Pailoor	
38	2021-22	20.10.2021	467	Mr. Samit Saibya	Exercise Physiology	IMPACT OF GENERAL AND SKILL BASED CIRCUIT TRAINING PROGRAM ON SELECTED BIOCHEMICAL PHYSIOLOGICAL VARIABLES AND PLAYING ABILITY OF SOCCER PLAYERS	Dr. Gayatri Pandey	
39	2021-22	20.10.2021	468	Mr. Sharad Chandra Rai	Physical Education Pedagogy	CONSTRUCTION AND VALIDATION OF PHYSICAL EDUCATION AND SPORTS PARTICIPATION QUESTIONNAIRE FOR CHILDREN	Dr. Rahul Hiralal Kannojiya	
40	2021-22	20.10.2021	469	Mr. Shiv Singh Baghel	Exercise Physiology	BOMECHANICAL ANALYSIS FOR PREDICTION OF TENNIS TOP SPIN SERVICE BASED ON MUSCLE ACTIVATION AND KINEMATIC VARIABLES	Dr. Madan Singh Rathore	
41	2021-22	21.10.2021	471	Mr. Shubham Kumar	Yogic Sciences	COMPARATIVE EFFECT OF YOGIC PRACTICES ON PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES OF DRUG ADDICTS	Dr. Manoj Sahu Co-Supervisor- Rajeev Rastogi	SRF
42	2021-22	20.10.2021	472	Mr. Uttam Kumar	Physical Education Pedagogy	RELATIONSHIP BETWEEN BODY IMAGE AND MOTIVATION TOWARDS PSYCHOMOTOR ABILITIES OF PHYSICAL EDUCATION STUDENTS	Dr. Brij Kishore Prasad	

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
43	2021-22	21.10.2021	473	Mr. Vivek Pandey	SM&C	EFFECTS OF PROPRIOCEPTIVE TRAINING PROGRAM (PTP) ON THE SELECTED PHYSICAL FITNESS COMPONENTS AND PLAYING ABILITIES OF NOVICE TENNIS PLAYERS	Dr. Ashish Phulkar	In Service Candidate Part Time
44	2021-22	21.10.2021	474	Mr. Yeeshu Prajapati	Yogic Sciences	EFFECT OF PRANAYAMA AND CYCLIC MEDITATION ON SELECTED PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES OF ATHELETES	Dr. Sameer Kumar Yadav Co-Supervisor- Dr. Asem Jayanti Devi	
45	2021-22	08.11.2021	476	Ms. Amrita	Yogic Sciences	EFFECT OF YOGIC INTERVENTION ON SELECTED PSYCHOLOGICAL AND PSYCHOMOTOR VARIABLES AMONG SPORTS PERSONS	Dr. Megha Sahu Co-Supervisor- Dr. Suresh Lal Barnwal	

List of Ph.D. Scholars Session 2022-23

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
1	2022-23	16.11.2022	477	Ms. Atisha Mandal	Physical Education Pedagogy	THE EFFECT OF AEROBIC EXERCISE AND SELECTED YOGIC ASANAS ON TSH, THYROXINE, TRIIODOTHYRONINE AND BLOOD GLUCOSE LEVELS IN SUBCLINICAL THYROID PATIENTS: A STUDY ON SEDENTARY ADULT WOMEN	Dr. Anindita Das	
2	2022-23	16.11.2022	478	Ms. Himanshi Verma	Sports Psychology	EFFECT OF PHYSICAL ACTIVITIES ON SELECTED PSYCHOLOGICAL AND SOCIOLOGICAL PARAMETER AMONG ORPHANS OF CHAMBAL REGION	Dr. Bharat Verma	
3	2022-23	16.11.2022	479	Ms. Meghna Sharma	Physical Education Pedagogy	EFFECT OF VARIED REST INTERVAL BETWEEN SETS OF RESISTANCE TRAINING ON STRENGTH, SELECTED BLOOD AND CARDIAC BIOMARKERS IN UNTRAINED MEN	Dr. Yatendra Kumar Singh	SRF
4	2022-23	18.11.2022	480	Ms. Preeti Yadav	SM&C	RELATIONSHIP OF EMG ACTIVATION AND EEG ACTIVITY WITH SHOOTING ACCURACY AND THROWING VELOCITY IN HANDBALL PLAYERS	Dr. Ashish Phulkar	
5	2022-23	16.11.2022	481	Ms. Sreelekha Das	Exercise Physiology	EFFECT OF FOAM ROLLER AND VIBRATION ON SELECTED PHYSIOLOGICAL VARIABLES ON ATHLETES AFTER A SINGLE BOUT OF INTENSE EXERCISE	Dr. Deepak Sharma Co- Supervisor- Dr. Bharti Sharma	
6	2022-23	17.11.2022	482	Mr. Animesh Kumar	SM&C	A COMPARATIVE STUDY OF PHYSICAL FITNESS, PHYSIOLOGICAL VARIABLE AND IQ LEVEL BETWEEN ACTIVE SPORTS PARTICIPANT AND NON-ACTIVE SPORTS PARTICIPANT	Dr. Sameer Kumar Yadav	
7	2022-23	17.11.2022	483	Mr. Dev Karan Singh,	Exercise Physiology	EFFECT OF SELECTED PROBIOTIC SUPPLEMENTATION ON PSYCHO-PHYSIOLOGICAL VARIABLES OF UNIVERSITY ATHLETES	Dr. Birendra Jhajharia	

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
8	2022-23	16.11.2022	484	Mr. Divyam Patidar	Exercise Physiology	EFFECT OF CONCURRENT TRAINING ON METABOLIC BIOMARKERS AMONG SEDENTARY WOMEN	Dr. Deepak Sharma	SRF
9	2022-23	16.11.2022	485	Mr. Gaurav Kundu	Exercise Physiology	EFFECT OF INTERNAL LOAD ON CREATIVITY OF TACTICAL ACTIONS IN ELITE YOUTH FOOTBALL PLAYERS	Dr. Deepak Sharma	
10	2022-23	16.11.2022	486	Mr. Kuldeep Singh	Health Sciences	"EVALUATING PHYSIOLOGICAL EFFICIENCY OF SELECTED THROWING TECHNIQUE IN JUDO"	Dr. Sanjeev Yadav	
11	2022-23	18.11.2022	487	Mr. Nagesh	Physical Education Pedagogy	EFFECT OF PHYSICAL ACTIVITY AND RECREATIONAL GAMES ON THE SELECTED PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES OF THE HABITANTS OF OLD AGE HOME	Dr. Rahul Kanojiya	SRF
12	2022-23	16.11.2022	488	Mr. Tushar Joshi	Physical Education Pedagogy	EFFECT OF FATIGUE ON THE LINEAR AND ANGULAR KINEMATICS OF FOREHAND TOPSPIN IN TABLE TENNIS : A COMPARATIVE STUDY BETWEEN STATE AND NATIONAL LEVEL PLAYERS	Dr. Gaurav Sanotra	
13	2022-23	18.11.2022	489	Mrs. Anita Pharswan	Sports Biomechanics	ANALYSIS OF SELECTED BIOMECHANICAL PARAMETERS IN NATIONAL AND INTERNATIONAL RACE WALKERS OF INDIA	Prof. Joseph Singh	In Service Candidate Part Time
14	2022-23	18.11.2022	490	Mr. Ravinder Kumar Kaushik	Health Sciences	COMPARISON OF SELECTED PSYCHOLOGICAL VARIABLES AMONG PEDLARS OF KAYAKING, CANOEING AND ROWING	Dr. Sanjeev Yadav	In Service Candidate Part Time

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
15	2022-23	16.11.2022	491	Mr. Ravi Prakash Singh Jadaun	SM&C	A COMPARATIVE STUDY ON SELECTED PSYCHOLOGICAL VARIABLES AMONG RURAL AND URBAN SCHOOL PLAYERS	Dr. Mukesh Narwariya	
16	2022-23	18.11.2022	492	Mr. Shyam Lal Singh Yadav	Physical Education Pedagogy	COMPARATIVE IMPACT OF RESIDENTIAL AND NON-RESIDENTIAL ROUTINE ON SELECTED ANTHROPOMETRICAL, PSYCHOLOGICAL AND MOTOR FITNESS VARIABLES OF SCHOOL STUDENTS.	Dr. Yatendra Kumar Singh	In Service Candidate Part Time
17	2022-23	14.11.2022	493	Mr. Vijay Kumar Dubey	Physical Education Pedagogy	EFFECT OF DIFFERENT SLEEPING DIRECTIONS ON PHYSIOLOGICAL VARIABLES AND QUALITY OF LIFE OF COAL INDIA MALE ATHLETES	Dr. Dilip Tirkey	In Service Candidate Part Time
18	2022-23	16.11.2022	494	Ms. Anshu Priya	Health Sciences	ASSESSMENT OF PCOS ON PSYCHOLOGICAL ATTRIBUTES AND PHYSIOLOGICAL STATE BETWEEN SPORTS WOMEN AND NON-SPORTS WOMEN	Dr. Sanjeev Yadav	
19	2022-23	16.11.2022	495	Ms. Deepanjali Sharma	Physical Education Pedagogy	EXPLORING THE EFFECT OF MULTIMODAL INTERVENTIONS ON COGNITIVE AND META-COGNITIVE ABILITIES OF MIDDLE SCHOOL STUDENTS : A PSYCHOLOGICAL STUDY	Dr. Anindita Das	
20	2022-23	16.11.2022	496	Ms. Kapi Sonowal	Physical Education Pedagogy	DEVELOPMENT OF DISCRIMINANT MODEL FOR TABLE TENNIS PLAYERS ON THE BASIS OF PSYCHOLOGICAL VARIABLES	Dr. Manoj Sahu	NFST/SRF
21	2022-23	18.11.2022	497	Ms. Masuda Khatun	Physical Education Pedagogy	A COMPARATIVE STUDY ON THE EFFECTS OF CORE TRAINING AND YOGA ON MENSTRUAL PAIN, SELECTED PHYSIOLOGICAL VARIABLES AND QUALITY OF LIFE OF ADOLESCENTS GIRLS	Dr. Dilip Tirkey	JRF

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
22	2022-23	17.11.2022	498	Ms. Mohammad Rabbani	SM&C	CURRENT ISSUES AND REMEDIAL MEASURES OF JUDO IN INDIA	Dr. K.K. Sahu	
23	2022-23	18.11.2022	499	Ms. Richa Vishwakarma	Sports Psychology	EFFECT OF OM CHANTING AND BHRAMARI PRANAYAMA VARIATIONS ON SELECTED PSYCHOLOGICAL PARAMETERS OF TEEN AGE GIRLS	Dr. C.P. Singh	
24	2022-23	16.11.2022	500	Ms. Shivani Verma	Health Sciences	A SURVEY ON HEALTH RELATED QUALITY OF LIFE BETWEEN OFFICE GOING WOMEN AND HOUSEWIVES OF INDIA	Dr. Sanjeev Yadav	
25	2022-23	16.11.2022	501	Mr. Arun Singh Bhandari	Sports Biomechanics	ANALYSIS OF MUSCLE ACTIVATION DURING SELECTED PLYOMETRIC EXERCISES ON LOWER EXTREMITY IN FOOTBALL PLAYERS	Prof. Joseph Singh	
26	2022-23	17.11.2022	502	Mr. Dayavir Singh	Sports Biomechanics	DEVELOPMENT OF DISCRIMINANT MODEL FOR CLASSIFYING JUMPERS AND SPRINTERS ON THE BASIS OF ANTHROPOMETRIC, BIOMECHANICAL AND PHYSICAL VARIABLES	Dr. Vinita Bajpai Mishra	
27	2022-23	18.11.2022	503	Mr. Debajit Karmakar	Physical Education Pedagogy	AN ANALYSIS ON THE EFFECTS OF DIFFERENT COGNITIVE INTERVENTION PROGRAMS ON SELECTED PSYCHOLOGICAL COMPONENTS AND PERFORMING ABILITIES OF FOOTBALL PLAYERS	Dr. Anindita Das	SRF
28	2022-23	16.11.2022	504	Mr. Dhirender Kumar Tokas	Exercise Physiology	CONSTRUCTION OF A COMPREHENSIVE DOPING KNOWLEDGE TEST PURSUANT WITH NATIONAL ANTI-DOPING CODE FOR ATHLETES AND ATHELETE SUPPORT PERSONNEL	Dr. Madan Singh Rathore Co-Supervisor- Dr. Kulvinder Bagga	

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
29	2022-23	18.11.2022	505	Mr. Kamal Dhoni	SM&C	A COMPARATIVE STUDY ON SELECTED PSYCHOLOGICAL CHARACTERSTICS OF NATIONAL VOLLEYBALL PLAYERS	Dr. Sameer Kumar Yadav	
30	2022-23	14.11.2022	506	Mr. Kautilya Upadhyay	SM&C	THE EFFECT OF SPORTS HYPNOSIS ON FLOW STATE AND SHOOTING PERFORMANCE OF HANDBALL PLAYERS	Dr. Ashish Phulkar	
31	2022-23	16.11.2022	507	Mr. Prabir Mondal	Sports Biomechanics	EFFECT OF YOGA INTERVENTION ON MUSCLE ACTIVITY, PLANTAR PRESSURE DISTRIBUTION AND STATIC STABILITY IN NON YOGIC PRACTITIONERS	Dr. Padmakar	
32	2022-23	17.11.2022	508	Mr. Pradeep Prajapati	Health Sciences	EFFECT OF YOGIC INTERVENTIONS ON THE SELECTED PSYCHOLOGICAL AND PHYSIOLOGICAL VARIABLES AMONG BEGINNER HOCKEY PLAYERS	Dr. Pramod Kumar Das	
33	2022-23	17.11.2022	509	Mr. Ritesh Bhardwaj	Sports Biomechanics	EFFECT OF DIFFERENT TRAINING REGIMES ON ECCENTRIC UTILIZATION RATIO OF TRACK AND FIELD ATHLETES	Dr. Amar Kumar	
34	2022-23	17.11.2022	510	Mr. Sangram Singh	Physical Education Pedagogy	EFFECT OF COMPLEX TRAINING ON PHYSICAL, PHYSIOLOGICAL AND BIOMECHANICAL VARIABLES OF UNIVERSITY LEVEL FOOTBALL PLAYERS	Dr. Gaurav Sanotra	
35	2022-23	17.11.2022	511	Mr. Satyam Ningwal	Physical Education Pedagogy	PSYCHOLOGICAL PROFILING OF NATIONAL LEVEL MALE FOOTBALL PLAYERS : A SURVEY STUDY	Dr. Rahul Kanojiya	

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
36	2022-23	18.11.2022	512	Mr. Shivam Suman	Health Sciences	ASSOCIATION OF KINSIOPHOBIA WITH SELECTED PSYCHOLOGICAL VARIABLES AMONG INJURED ATHLETES OF DIFFERENT GAMES	Dr. Sanjeev Yadav	
37	2022-23	18.11.2022	513	Mr. Shubham Dhaka	Physical Education Pedagogy	EFFECT OF RESISTANCE BAND INDUCED POST-ACTIVATION PERFORMANCE ENHANCEMENT DURING A SIMULATED BADMINTON MATCH	Dr. Manoj Sahu	SRF
38	2022-23	18.11.2022	514	Mr. Sohom Saha	Sports Psychology	ASSESSMENT AND COMPARISON OF VARIED EMOTIONAL AND PHYSICAL VARIABLES OF SELECTED NATIONAL LEVEL BASKETBALL AND HANDBALL ACHIEVERS AND NON ACHIEVERS	Prof. M.K. Singh	
39	2022-23	17.11.2022	515	Mr. Shubham Rathi	Exercise Physiology	CONSTRUCTION OF PLAYING ABILITY TEST FOR SPECIFIC POSITIONS IN BASKETBALL	Dr. Birendra Jhajharia	
40	2022-23	18.11.2022	516	Mr. Vikas Singh	Health Sciences	EFFECT OF DIFFERENT VISUAL TRAINING PROGRAMMES ON SELECTIVE COORDINATIVE ABILITY IN FEMALE HOCKEY PLAYERS	Dr. Brij Kishore Prasad	
41	2022-23	18.11.2022	517	Ms. Anuradha Soni	Yogic Sciences	EFFECT OF ANAPANASATI AND YOGANINDRA ON PSYCHOLOGICAL VARIABLES OF SCHOOL GOING CHILDREN OF SATNA DISTRICT	Dr. C.P. Singh Bhati Co-Supervisor- Dr. Reema Srivastava	SRF
42	2022-23	18.11.2022	518	Ms. Pooja Singh	Yogic Sciences	EFFECTIVENESS OF POWER YOGA ON PHYSICAL, PHYSIOLOGICAL AND PSYCHOLOGICAL WELL BEING OF ORPHAN CHILDREN	Dr. Ashish Phulkar Co-Supervisor- Dr. Swarnakala Singh	SRF

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
43	2022-23	17.11.2022	519	Ms. Taruni Sarva	Yogic Sciences	EFFECTIVENESS OF YOGA INTERVENTION ON MENSTRUAL PAIN MENSTRUAL DISTRESS PERCEIVED STRESS AND BIOMARKERS OF WORKING WOMEN WITH PRIMARY DYSMENORRHEA	Dr. Padmakar Co-Supervisor- Dr. Indu Sharma	SRF
44	2022-23	16.11.2022	520	Ms. Mrinal Upadhyay	Yogic Sciences	EFFECT OF PRANAYAM AND NIRVANASHATAKAM ON SELECTED PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES OF IT PROFESSIONALS, BANGALORE	Dr. Dilip Tirkey Co-Supervisor- Arti Yadav	SRF
45	2022-23	18.11.2022	521	Mr. Mohit Panday	Yogic Sciences	IMPACT OF YOGANIDRA AND HEARTFULLNESS MEDITATION ON STUDY HABITS AND ACADEMIC PROCRASTINATION OF PROFESSIONAL STUDENTS	Dr. Mukesh Narwariya Co-Supervisor- Dr. Lakshmi Kandhan	SRF
46	2022-23	18.11.2022	524	Ms. Apurva Tiwari	Yogic Sciences	EFFECTIVENESS OF YOGIC PRACTICES ON PHYSICAL PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES OF SCHOOL CHILDREN, KENDRIYA VIDYALAYA	Dr. Dilip Tirkey Co-Supervisor- Dr. Nidheesh Kumar Yadav	SRF
47	2022-23	18.11.2022	525	Ms. Beena Rajpoot	Yogic Sciences	EFFECT OF YOGIC PRACTICES ON EMOTIONAL VARIABLES AMONG ADOLESCENTS	Dr. Rajkumar Sharma Co-Supervisor- Dr. Sham Ganpat Tikhe	SRF
48	2022-23	18.11.2022	526	Ms. Bharati Ahirwar	Yogic Sciences	EFFECTIVENESS OF YOGIC INTERVENTION ON HEALTH VARIABLES OF FEMALE PRISONERS OF SAGAR DISTRICT	Dr. Bharat Verma Co-Supervisor- Guru Deo	
49	2022-23	17.11.2022	527	Ms. Iti Jain	Yogic Sciences	EFFECT OF ANULOMA-VILOMA AND BHRAMARI PRANAYAMA ON PRIMARY DYSMENORRHEA AMONG SCHOOL GIRLS OF GWALIOR	Dr. Anurodh Singh Sisodia Co-Supervisor- Dr. S.S. Sharma	

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
50	2022-23	18.11.2022	528	Ms. Nisha Saini	Yogic Sciences	CONCEPTUALISATION AND DEVELOPMENT OF CHAKRA DHYANA AND ITS EFFECT ON SPIRITUAL HEALTH, MINDFULNESS AND QUALITY OF LIFE	Dr. Yatendra Kumar Singh Co-Supervisor- Dr. Vijay Kumar Singh	SRF
51	2022-23	18.11.2022	529	Ms. Shubhi Taneja	Yogic Sciences	EFFECTIVENESS OF YOGIC PRACTICES ON OCCUPATIONAL STRESS, MOOD AND BACKPAIN OF BANKING SECTOR EMPLOYEES	Dr. Rajkumar Sharma Co-Supervisor- Dr. Indu Sharma	SRF
52	2022-23	17.11.2022	530	Mr. Avinash Verma	Yogic Sciences	EFFECTIVENESS OF PRANAYAMA ON MENTAL HEALTH OF ORPHAN CHILDREN OF GREATER GWALIOR	Dr. Mukesh Narwariya Co-Supervisor- Dr. Amrit Lal Gurvendra	
53	2022-23	18.11.2022	531	Mr. Jaikishan Tomar	Yogic Sciences	EFFECT OF PAWANMUKTASAN SERIES ON PHYSICAL PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES OF ELDERLY PEOPLE AT OLD AGE HOME, GWALIOR	Dr. Nibu R. Krishna Co-Supervisor- Dr. Pawan Kumar	
54	2022-23	17.11.2022	532	Mrs. Sanghamitra Jena	Sports Biomechanics	EFFECTIVENESS OF NEUROMUSCULAR TRAINING VERSUS PROGRESSIVE STRENGTHENING EXERCISES IN ATHLETES WITH ILIOTIBIAL BAND SYNDROME	Prof. Joseph Singh	In Service Candidate Part Time
55	2022-23	17.11.2022	534	Mr. Joyson Joy P.	Sports Psychology	DEVELOPMENT OF AN ONLINE INTERVENTION FOR IMPROVING THE MENTAL HEALTH OF STUDENT ATHLETES	Prof. M.K. Singh Co-Supervisor- Dr. Masroor Jahan	
56	2022-23	17.11.2022	535	Mr. Saanidhya Singh	Sports Psychology	EFFECT OF HEART RATE VARIABILITY BIOFEEDBACK AND AUTOGENIC TRAINING ON PSYCHOLOGICAL VARIABLES AND COPING MECHANISM AMONG SHOOTERS	Dr. Megha Sahu Co-Supervisor- Dr. Poonam Phogat	

List of Ph.D. Scholars Session 2023-24

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
1	2023-24	27.10.2023	540	Awesh Khati	Physical Education Pedagogy	QUANTITATIVE ASSESSMENT OF PHYSICAL FITNESS AND PSYCHOLOGICAL TRAITS OF WOMEN FOOTBALL PLAYERS BELONGING TO DIFFERENT SOCIO-ECONOMIC STATUS	Dr. Anindita Das	JRF
2	2023-24	26.10.2023	542	Mohit	Sports Psychology	IMPACT OF COGNITIVE BEHAVIOURAL THERAPY ON SELECTED PSYCHOLOGICAL VARIABLES AMONG ATHLETES ADDICTED TO VIDEO GAMES AND SOCIAL MEDIA	Dr. Megha Sahu	JRF
3	2023-24	27.10.2023	545	Sandeep Kurmi	Sports Management & Coaching	CONSTRUCTION AND VALIDATION OF SKILL TEST FOR SQUASH PLAYERS	Dr. Y.S. Rajpoot	
4	2023-24	27.10.2023	546	Madhvi Baghel	Sports Management & Coaching	EFFECT OF SUSPENSION TRAINING ON SELECTED PHYSICAL AND PHYSIOLOGICAL VARIABLES	Dr. Y.S. Rajpoot	JRF
5	2023-24	27.10.2023	548	Anjali Dhasmana	Sports Management & Coaching	DEVELOPING PHYSICAL LITERACY MODEL EMPHASIZING ON CULTURALLY RELEVANT MOVEMENT PRACTICES	Dr. Krishna Kant Sahu	
6	2023-24	27.10.2023	549	Harish Singh	Sports Psychology	IMPACT OF CHAKRA MEDITATION AND MINDFULNESS MEDITATION ON SELECTED PSYCHOLOGICAL AND PHYSIOLOGICAL VARIABLES AMONG ATHLETES	Prof. M.K. Singh	
7	2023-24	27.10.2023	550	Kajal Yadav	Health Sciences	EFFECT OF IDEOMOTOR TRAINING ON SELECTED PSYCHOLOGICAL VARIABLES AND SKILL PERFORMANCE OF BADMINTON PLAYERS	Dr. Brij Kishore Prasad	JRF

S. No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Research Topic	Supervisor/Co-Supervisor	Remarks
8	2023-24	27.10.2023	551	Shailendra Singh	Sports Psychology	PSYCHOMETRIC ASSESSMENT OF NATIONAL AND INTERNATIONAL LEVEL PUGILISTS IN SELECTED COGNITIVE AND DEVELOPMENT AREAS	Dr. Bharat Verma	
9	2023-24	27.10.2023	554	M. Shibagtullahshah Kadri	Exercise Physiology	CONSTRUCTION OF COMPREHENSIVE KABADDI SKILL TEST FOR UNIVERSITY PLAYERS	Dr. Moradhvaj Singh	JRF
10	2023-24	27.10.2023	555	Sonu Soby Varghese	Sports Psychology	COMPARISON OF SEX EDUCATION KNOWLEDGE AMONG SCHOOL GOING CHILDREN OF SELECTED SOUTH ASIAN COUNTRIES	Dr. Nibu R. Krishna	

List of Ph.D. Scholars Session 2024-25

S.No.	Admitted Year	Date of Reg.	Roll No.	Name of Students	Department	Remarks
1	2024-25		561	Mr. Rishiraj Vishwakarma	Course Work Completed	
2	2024-25		562	Ms. Aashna Rajput	Course Work Completed	
3	2024-25		563	Ms. Neha Yadav	Course Work Completed	
4	2024-25		564	Mr. Aman Kumar	Course Work Completed	
5	2024-25		565	Mr. Akshat Mandiwal	Course Work Completed	
6	2024-25		566	Ms. Komal	Course Work Completed	
7	2024-25		567	Mr. Sachin Shekhawat	Course Work Completed	
8	2024-25		568	Mr. Aryan Dev Singh	Course Work Completed	
9	2024-25		569	Mr. Rahul Jangra	Course Work Completed	
10	2024-25		570	Mr. Shashwat Pare	Course Work Completed	
11	2024-25		571	Mr. Praveen Kumar	Course Work Completed	
12	2024-25		572	Mr. Sumit Kumar Singh	Course Work Completed	
13	2024-25		573	Mr. Piyush Vats	Course Work Completed	
14	2024-25		574	Ms. Ananya Bisht	Course Work Completed	
15	2024-25		575	Mr. Tarun Sharma	Course Work Completed	
16	2024-25		576	Ms. Kajal Kushwaha	Course Work Completed	
17	2024-25		577	Mr. Nitin Kumar	Course Work Completed	
18	2024-25		578	Mr. Bhavesh Panchre	Course Work Completed	
19	2024-25		579	Mr. Mohan Mahor	Course Work Completed	
20	2024-25		580	Mr. Ritik Meena	Course Work Completed	
21	2024-25		581	Ms. Raveena Basumatary	Course Work Completed	
22	2024-25		582	Mr. Rohan Verma	Course Work Completed	
23	2024-25		583	Mr. Yogendra Singh Baghel	Course Work Completed	
24	2024-25		584	Mr. Tejendra Singh Gurjar	Course Work Completed	
25	2024-25		585	Mr. Prabhukant Kumar	Course Work Completed	
26	2024-25		586	Mr. Ashish Jasrotia	Course Work Completed	
27	2024-25		587	Mr. Harsh	Course Work Completed	