



# Lakshmibai National Institute of Physical Education, Gwalior

Deemed to be University, Ministry of Youth Affairs & Sports, Government of India  
(Declared vide Govt. of India MHRD Notification No. F.9-14/92-U.3 dated 21.09.1995 under section 2 of UGC Act, 1956)

Ref. No.: CE-16/2025-26/ 256

Date: 19/1/2026

## NOTICE

### TIME TABLE FOR SPECIAL EXAMINATION

**B.P.Ed.-I Sem., B.P.Ed.-III Sem., B.P.Ed.-V Sem., B.P.Ed.-VII Sem., M.P.Ed.-I Sem., M.P.Ed.-III Sem. & P.G.D.S.C.-I Sem.**  
**(THEORY/ACTIVITY/PRACTICAL & INTERNSHIP VIVA EXAMINATION, FEBRUARY-2026)**

**TIMING: 02:00 PM TO 05:00 PM (For Theory Papers Only)**

Class → Date & Day ↓	B.P.Ed. I Sem.	B.P.Ed. III Sem.	B.P.Ed. V Sem.	B.P.Ed. VII Sem.	M.P.Ed. I Sem.	M.P.Ed. III Sem.	P.G.D.S.C. I Sem.
<b>02-02-2026 (Monday)</b>	❖ Introduction and Development of Physical Education	❖ Understanding of Learner and Learning	❖ Pedagogy of Secondary Physical Education	❖ Education for Global Citizenship	❖ Research Methods	❖ Exercise Physiology (PEP, SB, SP, HS, SM)	❖ Theory of Sports Training-I
<b>03-02-2026 (Tuesday)</b>	❖ Health Education and First Aid	❖ Pedagogy of Primary Physical Education	❖ Methods in Physical Education	❖ Correctives in Physical Education	❖ Applied Statistics	❖ Sports Biomechanics (PEP, EP, SP, HS, SM) ❖ Instrumentation and Assessment in Sports Biomechanics (SB)	❖ Physiology & Physiology of Exercise
<b>04-02-2026 (Wednesday)</b>	❖ English MIL	❖ Educational Technology	❖ Yoga Education	❖ Sport Theory (02:00 PM to 04:00 PM)	❖ Measurement and Evaluation	❖ Instrumentation in Sports Science (PEP) ❖ Mechanical Aspects and Analysis in Sports Biomechanics (SB) ❖ Psychometrics, Measurements and Evaluation in Sports Psychology (SP) ❖ Health and Disease (HS)	❖ Kinesiology & Sports Biomechanics
<b>05-02-2026 (Thursday)</b>	❖ Environmental Studies	Optional Paper (Select any one): ❖ 1. Adapted Physical Education ❖ 2. Basic Statistics	❖ Basics of Sports Training	.....	❖ Adolescence Development and Learning (PEP) ❖ Fundamentals of Exercise Physiology (EP) ❖ Fundamentals of Mechanics and Sports Biomechanics (SB) ❖ Sports and Exercise Psychology (SP)	Theory Practical (10:30 AM to 12:30 PM) ❖ Instrumentation and Assessment in Sports Biomechanics (SB) ❖ Psychometrics, Measurements and Evaluation in Sports Psychology (SP) ❖ Health and Disease (HS)	THEORY PRACTICAL Physiology & Physiology of Exercise (10:30 AM to 11:00 AM)  Kinesiology & Sports Biomechanics (11:30 PM to 12:00 PM)
<b>06-02-2026 (Friday)</b>	Practical Skills (Activities) (07:00 AM to 09:00 AM)	Practical Skills (Activities) (07:00 AM to 09:00 AM)	Practical Skills (Activities) (07:00 AM to 09:00 AM)  Practical Skills (Activities) (03:00 PM to 05:00 PM)	Teaching Ability-III (Theory Teaching) (07:00 AM to 09:00 AM)	❖ Sport Theory (Sports Specialization)	Coaching Lesson (07:00 AM to 08:00 AM)	THEORY PRACTICAL Theory of Sports Training-I (10:30 AM to 11:00 AM)
<b>07-02-2026 (Saturday)</b>	Practical Skills (Activities) (07:00 AM to 09:00 AM)	Practical Skills (Activities) (07:00 AM to 09:00 AM)	Teaching Ability-I (Activity Teaching) (07:00 AM to 09:00 AM)  Teaching Ability-I (Activity Teaching) (03:00 PM to 05:00 PM)	Skill Proficiency (07:00 AM to 08:30 AM) (03:00 PM to 05:00 PM)	Sports Specialization Practical (07:00 AM to 09:00 AM)	Dissertation – Viva (For all Supervisors) (10:30 AM to 12:30 PM)	SKILL PROFICIENCY Skills/Performance/Playing ability (07:30 AM to 08:00 AM)  TEACHING ABILITY Teaching Lesson (08:30 AM to 09:00 AM)

**IMPORTANT:** Every care has been taken while finalizing the Time Table, but the same can be changed at any time in case of any emergency unavoidable circumstances and in that event the students are required to note the said changes from student's Notice Board and failure on this account will be the responsibility of the students.

(Authority: Vice-chancellor's approval dated: 17/01/2026)

#### Copy to :

- V.C.'s Secretariat  
- Asst. Registrar (Acad.)  
- Faculty Circulation  
- All Boys Hostel Notice Board

- Registrar Secretariat  
- Centre Superintendent  
- Institute Notice Board  
- All Girls Hostel Notice Board

- All HOD's  
- Assistant Centre Superintendent  
- Director (IQAC) – Please upload on Institute Website.  
- Boys & Girls Mess Notice Board

- Dean NERC, Guwahati  
- Academic Section  
- Students Notice Board  
- File

**Prof. (Dr.) M.K. Singh**  
Controller of Examination