पंजीयन क्रं. ग्वा.सं. 2943 दिनांक 02-09-1995

Lakshmibai National Institute of Physical Education, Gwalior

Deemed to be University, Ministry of Youth Affairs & Sports, Government of India
(Declared vide Govt. of India MHRD Notification No. F.9-14/92-U.3 dated 21.09.1995 under section 2 of UGC Act, 1956)

Ref. No.: CE-16/2026-27/ 93

Date: 04/11/2026

NOTICE

For B.P.Ed.-III Sem., VII Sem., M.A. (Yoga)-III Sem., D.S.C.-I Sem. and M.S.S.-I Sem.

(THEORY/ACTIVITY/PRACTICAL EXAMINATIONS, NOVEMBER-DECEMBER, 2026)

TIMING: 10:30 AM TO 01:30 PM (For Theory Papers only)

Class → Date & Day ↓	BPEd III – Sem.	BPEd III – Sem. (Old Course)	BPEd VII – Sem.	M.A. Yoga III – Sem.	D.S.C. I – Sem.	M.S.S. I – Sem.
	1	2	3	4	5	6
30-11-2026 (Monday)	Kinesiology	Understanding of Learner and Learning	Education for Global Citizenship	Principles of Psychology and Counseling in Yoga	Theory and Science of Game-I	Research Methodology in Sports Sciences
02-12-2026 (Wednesday)	Pedagogy of Secondary Stage	Pedagogy of Primary Physical Education	Correctives in Physical Education	Yoga Therapy and Diagnostic Tools	Theory and Science of Game-II	Fundamentals of Sports Biomechanics
04-12-2026 (Friday)	Skill Enhancement Course (SEC): Sports Nutrition	Educational Technology	Sport Specialization: Sports Theory	Swasthvrat, Diet and Nutrition	General Methods of Sports Training-I	Measurement Techniques in Sports Sciences
07-12-2026 (Monday)	Open Elective (OE) - (Select any one) : ❖ 1. Movement Education ❖ 2. Olympic Education	Optional Paper (Any One) ❖ 1. Adapted Physical Education ❖ 2. Basic Statistics	----------	Upanishad–II	Fundamentals of Anatomy, Physiology and Physiology of Exercise	Fundamental of Exercise Physiology
09-12-2026 (Wednesday)	Practical Skills * (Activities)	Practical Skills * (Activities)	Teaching Ability-III * (Teaching Practice) Skill Proficiency *	Yoga Practical–IV (07:30 AM to 08:30 AM)	Fundamentals of Kinesiology & Sports Biomechanics	Visit to National Dope Testing Laboratory, New Delhi
11-12-2026 (Friday)	Practical Skills * (Activities)	Practical Skills * (Activities)	Teaching Ability-III * (Teaching Practice) Skill Proficiency *	Teaching Ability Lesson Plan–II (04:00 PM to 05:00 PM)	TEACHING ABILITY Teaching Lesson (06:30 AM to 08:30 AM) Teaching Lesson (04:00 PM to 06:00 PM)	----------
14-12-2026 (Monday)	Practical Skills * (Activities)	----------	School Internship (Based on field Experience) (06 Weeks)	----------	SKILL PROFICIENCY Skills/Performance/Playing ability (06:30 AM to 08:30 AM) Skills/Performance/Playing ability (04:00 PM to 06:00 PM)	----------

*** For Grouping and Timing, Separate Schedule shall be issued.**

IMPORTANT: Every care has been taken while finalizing the Time-Table, but the same can be changed at any time in case of any emergency and unavoidable circumstances and in that event the students are required to note the said changes from Institute Website or Students Notice Board and failure on this account will be the responsibility of the students.

(Authority: Hon'ble Vice-Chancellor's Approval dated: 29/10/2026)

04.11.2026
Prof. (Dr.) M.K. Singh
Controller of Examination

Copy to :

- V.C.'s Secretariat
- Registrar Secretariat
- Concern HoD's – To inform the students of their respective department.
- Dean (Academics)
- Dean NERC, Guwahati
- Asst. Registrar (Acad.)
- Centre Superintendent
- Asstt. Centre Superintendent
- Academic Section
- Faculty Circulation
- Institute Notice Board
- Director (ICT) Please upload on Institute Website.
- Director (Extramural)
- Director (Extension Services)
- Mess Supervisor
- Students Notice Board
- All Boys Hostel Notice Board
- All Girls Hostel Notice Board
- Boys & Girls Mess Notice Board
- File

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NOTICE

B.P.Ed.-V Sem., M.P.Ed.-I Sem., P.G.D.S.C.-I Sem., P.G.D.S.S.C.-I Sem., M.S.M.-III Sem., M.S.S.-III Sem.

(THEORY/ THEORY PRACTICAL/TEACHING LESSON & SKILL PROFICIENCY EXAMINATIONS, NOVEMBER-DECEMBER, 2026)

TIMING: 10:30 AM TO 01:30 PM (For Theory Papers only)

Class → Date & Day ↓	BPEd V – Sem.	MPEd I – Sem.	P.G.D.S.C. I – Sem.	P.G.D.S.S.C. I – Sem.	M.S.M. III – Sem.	M.S.S. III – Sem.
	1	2	3	4	5	6
01-12-2026 (Tuesday)	❖ Pedagogy of Secondary Physical Education	❖ Research Methods	Theory and Science of Game-I	Foundations of Strength Training	Sports Sponsorship, Endorsement and Broadcasting	❖ Sports and Performance Analytics
03-12-2026 (Thursday)	❖ Methods in Physical Education	❖ Applied Statistics	Theory and Science of Game-II	Resistance Training Periodization	Human Resource Management	❖ Sports Nutrition and Dietetics
05-12-2026 (Saturday)	❖ Yoga Education	❖ Measurement and Evaluation	Theory of Sports Training-I	Resistance Training Program Design	Sports Policies and Governance	❖ Project
08-12-2026 (Tuesday)	❖ Basics of Sports Training	❖ Adolescence Development and Learning (PEP) ❖ Fundamentals of Exercise Physiology (EP) ❖ Fundamentals of Mechanics and Sports Biomechanics (SB) ❖ Sports and Exercise Psychology (SP) ❖ Health and Hygiene (HS) ❖ Foundation of Sports Management (SM)	Physiology & Physiology of Exercise	Basic Level Practical Training (External)	International Sports Management	❖ Theory Specialization (any one): 1. Exercise Physiology 2. Sports Biomechanics 3. Sports Psychology 4. Strength and Conditioning 5. Sports Nutrition
10-12-2026 (Thursday)	Practical Skills (Morning) * (Activities) Practical Skills (Evening) * (Activities)	❖ Sports Specialization-I : (Theory)	Kinesiology & Sports Biomechanics	Teaching Lesson (External)	PRACTICAL Internship Presentation	Visit to NADA, New Delhi Field / Industry visit / NDTL / NCSSR
12-12-2026 (Saturday)	Practical Skills (Morning) * (Activities) Teaching Ability-I (Evening) * (Activity Teaching)	Sports Specialization Practical (07:00 AM to 09:00 AM & 03:30 PM to 05:30 PM)	TEACHING ABILITY Teaching Lesson (06:30 AM to 08:30 AM) Teaching Lesson (03:30 PM to 05:30 PM)	----------	----------	----------
15-12-2026 (Tuesday)	Teaching Ability-I (Morning) * (Activity Teaching) Teaching Ability-I (Evening) * (Activity Teaching)	----------	SKILL PROFICIENCY Skills/Performance/Playing ability (06:30 AM to 08:30 AM) Skills/Performance/Playing ability (03:30 PM to 05:30 PM)	----------	----------	----------

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Prof. (Dr.) M.K. Singh
Controller of Examination

Amritha

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