



लक्ष्मीबाई राष्ट्रीय शारीरिक शिक्षा संस्थान, ग्वालियर

LAKSHMIBAI NATIONAL INSTITUTE OF PHYSICAL EDUCATION

(Deemed-to-be University)

Ministry of Youth Affairs & Sports, Government of India

STUDENT'S HAND BOOK 2026-27



From Vice Chancellor's Desk

Dear Students,

An educational institution can fulfill its noble objectives and its members can reap maximum benefits only when an atmosphere of calm, tranquility, and mutual respect prevails. A healthy, disciplined group life is the essential prerequisite for achieving academic and athletic excellence.



To this end, there is a need to establish guidelines for the conduct and behavior expected of every member of our prestigious Institute. These should be embraced in the right spirit as a foundation for growth rather than viewed as a mere imposition. During your time at the Institute, I expect you to mold your thoughts and actions in accordance with these regulations. By doing so, you will not only become model LNIPEIANS today but will also serve as a living example for future generations to follow.

Please help us serve you better. Let us collectively strive to bring laurels to our **Alma Mater** through the power of self-imposed discipline and unwavering integrity.

Prof. Kalpana Sharma
Vice Chancellor

MORE THAN AN INSTITUTION THE LNIPE LEGACY

LNIPE is more than an institution—it is a legacy built on the enduring values of physical education, sportsmanship, discipline, leadership, and nation-building. Since its establishment in 1957 to commemorate the centenary of the First War of Indian Independence, the Institute has been instrumental in shaping generations of physical education teachers, coaches, sportspersons, researchers, administrators, and leaders who have contributed significantly to the development of sports and physical education in India.

As a premier Deemed to be University under the Ministry of Youth Affairs & Sports, Government of India, LNIPE has consistently promoted excellence in teaching, learning, research, extension, and community engagement. Beyond imparting knowledge and professional skills, the Institute instils the values of integrity, respect, responsibility, teamwork, and service, fostering well-rounded individuals committed to personal excellence and national development.

The legacy of LNIPE extends far beyond its classrooms and playing fields. It is reflected in the achievements of its alumni, the impact of its graduates across educational and sporting institutions, and its continued commitment to advancing physical education and sports as powerful instruments for character building, healthy living, and nation-building. Every student who joins LNIPE becomes a part of this proud tradition and shares the responsibility of upholding its values, dignity, and reputation.

EXPECTATIONS FROM STUDENTS OF LNIPE

Society looks toward students of the **Lakshmibai National Institute of Physical Education (LNIPE)** as role models of discipline, leadership, and integrity. To fulfill this mandate, students are expected to embody the following values in their everyday lives:

- ✓ **Behavior and Discipline:** Maintain politeness, self-discipline, punctuality, and a positive attitude both inside and outside the campus.
- ✓ **Respect for Authority:** Exhibit humility and courtesy by greeting and respecting teachers, seniors, staff members, and elders.
- ✓ **Supportive Community:** Foster a caring environment by helping and guiding juniors and peers with kindness and empathy.
- ✓ **Sportsmanship and Team Spirit:** Demonstrate fairness, mutual respect, and healthy competition in every interaction.
- ✓ **Responsibility and Accountability:** Take full ownership of academic commitments, institutional duties, and personal conduct.
- ✓ **Leadership and Influence:** Motivate others through confident, positive actions and responsible decision-making.
- ✓ **Personal Excellence and Hygiene:** Uphold high standards of cleanliness, hygiene, proper dress, and healthy habits.
- ✓ **Institutional Representation:** Act as ambassadors of LNIPE, upholding its dignity and reputation through individual achievements and conduct.
- ✓ **Inclusion and Diversity:** Treat all individuals equally, showing unwavering respect regardless of gender, culture, language, or background.
- ✓ **Social Service:** Actively participate in community welfare, fitness awareness programs, and social initiatives.
- ✓ **Honesty and Integrity:** Practice truthfulness and ethical behavior in academics, sports, and social life.

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INTRODUCTION

All students must read these rules thoroughly and comply with all provisions mentioned in this Student's Hand Book. At the time of registration for a new course, they shall sign an undertaking confirming receipt of this booklet and their agreement to abide by all the rules contained herein.

1. General Rules

1.1 Dress Code :

All students must be properly dressed according to the Institute Dress Code during all official functions and classes (on specified days):

Summer	Winter
BOYS – Formal Uniform	
Black Trousers (not Jeans), Shirt*, Institute Tie, Black Leather Shoes**	Black Trousers (not Jeans), Shirt*, Blazer* with Institute Tie, Black Leather Shoes**
GIRLS – Formal Uniform	
Black Trousers (not Jeans), Shirt*, Institute Tie, Black Leather Shoes/Bellies**	Black Trousers (not Jeans), Shirt*, Blazer* with Institute Tie, Black Leather Shoes/Bellies**

** Shirt/Blazer colour to be decided by committee (UG, PG, Diplomas & Ph.D.) ** To be purchased by student.*

1.2 General Conduct:

- 1.2.1. Students must wear the Institute Activity Uniform in all activity/practical classes.
- 1.2.2. Male students are not allowed to wear bathroom slippers, shorts, or collarless T-shirts in classrooms and the mess.
- 1.2.3. Female students are not allowed to wear bathroom slippers, shorts, or sleeveless attire in classrooms and the mess.
- 1.2.4. The shirt/collar T-shirt must always be tucked in during formal functions and classroom hours.
- 1.2.5. Students must be punctual in reporting to all instructional classes, assemblies, and other engagements/programmes.
- 1.2.6. Students must maintain exemplary conduct both inside and outside the Institute. Breach of rules may result in disciplinary action including imposition of fine, suspension, rustication, and/or expulsion from the Institute. Parents/guardians of the student will be informed and required to come to the Institute for personal discussion, whenever necessary.

- 1.2.7. No student shall move within the campus with his/her face covered with cloth or mask, except for genuine medical/health reasons duly certified by the Institute's Medical Officer, or during cold weather conditions when wearing a scarf or muffler is permitted.
- 1.2.8. Any student or group of students indulging in undesirable behaviour outside the Institute- including travelling by hanging outside vehicles, any altercation or physical fight with another Institute student or outsider, consumption of liquor, or any illegal substance will be viewed seriously and shall attract strict disciplinary action under the Institute's Disciplinary Code, and may also attract action under the applicable laws.
- 1.2.9. Aligning with “**Swachh Bharat Abhiyan**” every **2nd Sunday of each month** should be celebrated as a “**Swachh Campus Abhiyan**”.
All students will clean their house surrounding by picking up chips, biscuits wrappers, empty cans & bottles, papers and other shopping bag etc during 06:30 hrs to 07:30 hrs in the morning.
- 1.2.10. It is mandatory for all students residing in the hostel to keep their respective rooms clean and tidy, which will be evaluated on regular basis by surprise visit of respective wardens and hostel manager's team to ensure that all students' rooms are neat and clean.
- 1.2.11. Students must not cause damage to Institute property. Any student found responsible for causing damage shall be liable to pay the cost of the damage at prevailing market rates, in addition to disciplinary action under the Institute's Disciplinary Code.
- 1.2.12. Students are not permitted to possess any type of arms or firearms on campus. Any violation shall attract disciplinary action under the Institute's Disciplinary Code and may also invite action under the applicable laws.
- 1.2.13. Smoking, possession & consumption of liquor or prohibited drugs including syringes along with related liquid or dry medicines are strictly prohibited and considered a serious violation of rules. Disciplinary action will be taken under the Institute's Disciplinary Code, and may also invite action under the applicable laws. if any student found in possession of any banned items mentioned above.
- 1.2.14. Students are not allowed to deal directly with the Institute's officials, administrative staff, or other employees. For any official matter, students shall approach the concerned authorities through the Warden/ Chief Warden / Mentor / Class Advisor / H.O.D.
- 1.2.15. The Girls' Hostel area and its surroundings are out of bounds for boys. Similarly, the Boys' Hostel area is out of bounds for girls.
- 1.2.16. Students are not permitted to engage in any type of commercial or business transaction within the Institute campus.

- 1.2.17. Day scholars shall park their vehicles only in the prescribed common parking area (near the Administrative Gate).
- 1.2.18. Students residing in the hostel are not permitted to keep motorized vehicles (Car/Scooter/Motorcycle) on campus. Any defaulter will be penalized with a fine of Rs. 1,000/-. (See also Rule 4.17.).
- 1.2.19. Students are expected to exhibit exemplary behavior and healthy interpersonal relations. If at any point it is found or observed by the Institute authorities that a student is involved in unhealthy relations either within or outside the campus, he/she shall be liable for disciplinary action, under the Institute's Disciplinary Code, including removal from the Institute.
- 1.2.20. Students must be appropriately dressed while stepping outside their hostels.
- 1.2.21. Ragging is strictly prohibited on and off campus. Strict disciplinary action will be taken against any student found involved in ragging, as per the guidelines issued by the Hon'ble Supreme Court of India and the UGC Anti-Ragging Regulations.
- 1.2.22. Students shall explain the reason for their absence (through Duty Leave Notices / Office Orders, or the Leave Booklet) to their respective HOD, Warden, and Teachers.
- 1.2.23. Students must report on time after vacations, holidays, or any kind of leave. Students reporting late due to illness must submit a Medical Certificate and Fitness Certificate duly signed by a Civil Surgeon / Medical Board of their respective district.
- 1.2.24. Reporting late on grounds other than medical shall be liable for disciplinary action under the Institute's Disciplinary Code, if a student is unable to report on time due to an emergent situation, he/she shall inform the concerned HOD by e-mail or telephone. The student shall meet the HOD upon arrival and submit a written report.
- 1.2.25. Matters of indiscipline by students shall be referred to the Students' Disciplinary Committee duly constituted by the Vice Chancellor.
- 1.2.26. A Guardian shall be authorised to sign on behalf of a student only if both parents are deceased or legally incapacitated.
- 1.2.27. All gender-related complaints shall be reported to the Internal Complaints Committee (ICC).
- 1.2.28. Any misuse of digital content or violation of privacy shall invite disciplinary action under the Institute's Disciplinary Code and may also invite action under the applicable laws... This includes unauthorized recording of campus or classroom activities, sharing of videos/images of fellow students without consent, and cyber-bullying in any form.

- 1.2.29. Students shall not use AI tools to produce academic submissions dishonestly. Use of AI-generated content presented as one's own work shall be treated as academic misconduct under the Institute's plagiarism policy and shall invite disciplinary action.
- 1.2.30. Students are not permitted to use mobile phones during academic/practical classes. Phones must be kept on silent mode and stored in bags during class hours. Violation shall attract a fine as decided by the Disciplinary Committee.

2. Attendance Rules

- 2.1. Students are required to maintain 100% attendance. However, an exemption of up to 15% is permitted on account of illness and pressing personal engagements, which shall be treated as 'Personal Leave'.
- 2.2. No student shall be granted 'Duty Leave' for more than 30 days in a semester. However, if a student is selected to represent the country in a recognised tournament/competition, this duty leave may be extended with the permission of the Vice Chancellor.
- 2.3. A student is permitted to participate in a maximum of two sports tournaments (within or outside Gwalior), recognised by their National Federation, other than Inter-University competitions, in an academic session.
- 2.4. Any absence without due permission from the appropriate authority shall amount to unauthorised absence and shall be dealt with as follows:

Nature of Absence	Penalty
Unauthorised absence (theory or practical) for first 1–3 days	Rs. 100/- per day
Unauthorised absence after 3 days up to 7 days	Rs. 200/- per day
Unauthorised absence from 7 to 15 days	Registration cancelled; re-registration on payment of prescribed fee
Unauthorised absence exceeding 15 days	Name struck off from Institute rolls

NOTES :

- *Absence from even a single class will be considered as absence for the entire day.*
 - *Absence shall be counted from day one, whether consecutive or non-consecutive, and shall be cumulative in nature.*
 - *Students must deposit the fine amount with the Accounts Section by the end of the respective month. The 'No Dues Certificate' shall be issued only after payment of all dues.*
- 2.5. If attendance falls below 85%, the student shall not be allowed to appear in the end-semester examination in that subject/activity/area. Such students shall be required **to attend catch-up/remedial classes** to fulfil the required attendance by paying the prescribed fee.

- 2.6. In exceptional cases, the Vice Chancellor is authorised to condone a shortfall of up to 10 % attendance (i.e., condone attendance down to 75%).
- 2.7. Students in BPed–IV Year, P.G., and Diploma courses shall be granted up to three days of special leave to attend job interviews/written examinations, provided they have exhausted their personal leave. Supporting documents must be submitted.
- 2.8. Practical/activity classes and theory classes are each tracked independently for the 75% attendance threshold in that subject/component. A student may be barred from practical examinations while retaining eligibility for theory examinations in the same subject, or vice versa, depending on attendance in each component.

3. Leave Rules

- 3.1. A maximum of 15 days of leave (including medical leave) shall be permitted in a semester.
- 3.2. Students must get their leave sanctioned in advance from the concerned authorities (Warden / HOD / Dean, Academic).
- 3.3. Leave up to 3 days (including intervening holidays) for hostel-residing students shall be sanctioned by the respective Warden. In the case of day scholars, such leave shall be sanctioned by the Head of the Department (HOD).
- 3.4. Leave up to 5 days (including intervening holidays) shall be sanctioned by the HOD on the recommendation of the Warden.
- 3.5. Leave exceeding 5 days may be sanctioned by the Dean of the concerned Faculty, on the recommendation of the HOD, duly forwarded by the Warden.
- 3.6. Leave shall be sanctioned only through this Rules Booklet. If the Rules Booklet is lost, a duplicate may be re-issued on payment of Rs. 300/- only.
- 3.7. Duty Leave for attending any one seminar/conference (not more than 03 days in a semester) shall be sanctioned by the concerned HOD.
- 3.8. In case a student is deputed for participating/officiating/coaching duties, Duty Leave shall be sanctioned by the Director of Extramurals, who shall also inform the Head of Department and Wardens for necessary record.
- 3.9. Medical Leave shall be granted only on the recommendation of the Institute's Medical Officer. Medical leave submitted by students from home during vacation/requested leave shall be treated as authorised leave for up to 10 days, or to the extent of un-availed personal leave, provided the Institute is informed within 24 hours of falling ill by telephone or e-mail.
- 3.10. When students are deputed by the Institute or permitted to represent the University/State/Country in tournaments recognised by National Federations/AIU/MYAS, or permitted to attend coaching camps, or deputed for officiating/organising outside tournaments, the period shall be treated as Duty Leave.
- 3.11. Bereavement Leave of up to 5 days shall be granted to a student on the death of an immediate family member (parent, sibling, spouse, or child), on submission of documentary proof, on the recommendation of the Warden/HOD.

4. General Hostel Rules for Students

- 4.1. Students residing in the hostel will be provided semi-furnished accommodation on a sharing basis, for which the student will be fully responsible. Any damage to Institute property shall be recovered at prevailing market cost from the concerned student(s) under the Institute's Disciplinary Code, including suspension or rustication
- 4.2. Each occupant shall take charge of the room and furniture in writing every year by completing a prescribed form available with the Warden. All articles must be handed over intact to the Institute before proceeding on semester/session break or vacating at the end of the course.
- 4.3. Students are not allowed to keep any additional articles or furniture in their rooms.
- 4.4. Students are not permitted to take any items (such as equipment or utensils) from common rooms, washrooms, etc. to their respective rooms.
- 4.5. In case of damage to any common hostel property (such as TV, furniture, durries, curtains, fixtures, fittings, etc.), the student(s) found responsible shall be liable to pay the full cost of repair or replacement at the prevailing market rates and shall also be liable for disciplinary action under the Institute's Disciplinary Code. If the responsible student(s) cannot be identified, the cost of repair or replacement may be recovered collectively from all residents of the concerned hostel/house, along with disciplinary action, wherever applicable.
- 4.6. Students are not allowed to entertain friends/relatives or guests in the hostel without the prior permission of the respective warden/ duty hostel in-charge. Failing to observe this rule shall invite disciplinary action.
- 4.7. Any student found indulging in immoral activities, drug abuse, consumption of liquor, physical assault, or damage to property shall be liable for disciplinary action under the Institute's Disciplinary Code and may also attract action under the applicable laws, wherever applicable. Students are not permitted to keep inflammable materials, firearms, weapons, or any articles that are illegal under the laws of the land, or articles not belonging to them, in their rooms. They shall be held responsible if such articles are found in their possession.
- 4.8. Smoking in any form is strictly prohibited in the hostel and on campus.
- 4.9. It is mandatory for students to attend the assembly in the hostel every day at 9:00 PM (Winter) and 9:30 PM (Summer). No further assembly/activity will be called without the knowledge of the duty hostel In-Charge.
- 4.10. Theft is a serious disciplinary offence. Any student found in possession of stolen articles shall be dealt with severely, including referral to law enforcement authorities.
- 4.11. Cooking of any kind is strictly prohibited in hostel rooms.
- 4.12. Unauthorised absence from the hostel is not permitted. Doing so shall invite disciplinary action against the defaulter, under the Institute's Disciplinary Code.

- 4.13. The students are permitted to keep radio, music system, laptop/desktop, smartphone, and tablet in the room at their own risk. For keeping electrical iron, each student is required to take prior permission of the warden/ care taker on payment basis towards electricity charges. Room heaters, water heaters and induction cook tops are not allowed, if found in possession, action will be taken as per the Institute's Disciplinary Code.
- 4.14. Students must not play music at high volume after 10:00 p.m.
- 4.15. Students are not permitted to install air conditioners (ACs) in their rooms. Room coolers may be installed with the permission of the Warden on a payment basis.
- 4.16. Students residing in the hostel are not allowed to keep a Car, Scooter, Scooty, or Motorcycle on campus. Any defaulter will be penalized with a fine of Rs. 1,000/-. (See also Rule 1.2.17.)
- 4.17. Rooms must be vacated every time the Institute announces a semester/session/annual break or vacation, as per the academic calendar. Luggage must be deposited collectively in rooms earmarked by the competent authority.
- 4.18. Meals for sick or injured students will be provided on written intimation from the Institute's Medical Officer. Information must reach the mess well in advance.
- 4.19. There is no provision for appointing a local guardian for outstation students.
- 4.20. Outstation students must submit a letter of address proof from their parents, duly signed by them. In case of any change of address, parents are responsible for informing the hostel authorities in writing in a timely manner.
- 4.21. In case parents intend to allow their ward to go home or to any other destination during the course of study, they shall send a prior written communication (by e-mail or registered post) to the Warden and the concerned Department.
- 4.22. No student is permitted to invite anyone into the hostel premises or keep anyone overnight under any circumstances without taking written permission from the warden/ hostel manager and duty hostel in-charge.
- 4.23. Any guest (including alumni) staying in the hostel with permission shall follow all hostel rules, including making entry in the visitors' register.
- 4.24. The residents are required to sign a hostel undertaking at the time of admission and he/she need to be submitted NO Dues verified by Care taker/duty hostel in-charge before leaving the house/hostel.
- 4.25. No outsourced food vendors will be permitted inside the hostel premises.
- 4.26. All students must carry their Institute I-card when leaving the campus, including for visits to the bank or ATM.
- 4.27. The rules applicable for staying inside the hostel apply to all persons within the premises, whether for duty or for a visit of any kind.
- 4.28. For any medical treatment outside the campus/city, all applications shall be routed through the Institute's Medical Officer.
- 4.29. All personal leave applications shall be approved by the concerned HOD on the recommendation of the Warden, on the prescribed leave form, accompanied by

written confirmation from the parent/guardian sent by registered e-mail or by registered post to the concerned Department. If the e-mail or letter is found to be fake or forged, stringent disciplinary action shall be taken against the student.

- 4.30. All students must fill the Hostel Leaving Form and get it approved by the concerned Warden before proceeding on declared vacations (such as winter/summer break). The approved form must be deposited with the security at the Hostel Main Gate at the time of exit, along with signing of the entry/exit register.
- 4.31. Leave for Ph.D. Scholars: Leave up to 03 days shall be approved by the Hostel Warden, subject to the recommendation of the Research Guide/Supervisor. Leave exceeding 03 days shall be approved by the Head of the Department (HoD), subject to the recommendation of the Research Guide/Supervisor.

5. Hostel Rules for Male Students

- 5.1. Hostel gate will be closed at 9:00 pm / 9:30 pm during winter/summer time respectively if any indiscipline activity found.
- 5.2. Male hostels are strictly out of bounds for female students at all times.
- 5.3. For any kind of maintenance work in the rooms, students will tell their defects to duty hostel in charge during night assembly or in the hostel manager's office in the new excellence hostel.
- 5.4. In case of any emergency, out pass after night assembly will be issued with the due verification from the respective warden (if not available in the campus) by the duty hostel incharge.

6. Hostel Rules for Female Students

- 6.1. The hostel gate will close at 07:30 PM (Summer) and 06:30 PM (Winter). For Ph.D. Scholars the hostel gate will close at 08:00 PM (Summer) and 07:30 PM (Winter).
- 6.2. Female hostels are strictly out of bounds for male students at all times.
- 6.3. A general assembly shall be held at a prescribed time every evening in the respective hostels (or combined, when required), for the purpose of attendance in the presence of the Matron/Assistant Warden/Warden.
- 6.4. All students must seek permission from the Warden and make an entry in the outgoing register before leaving the campus for any outing, including visits to SBI, Mela Road, or the ATM. No student shall go outside the campus unaccompanied on weekdays or weekends, except with explicit permission.
- 6.5. Entry and exit timings from the hostel for female students shall be notified from time to time on the Hostel Notice Board and the Notice Board at the Main Gate.
- 6.6. Gated restriction (confinement to Institute/hostel premises) may be imposed by the respective Warden for any offence, for a minimum period of one week, depending on the severity of the offence.

- 6.7. No male relatives are permitted to meet their daughter/ward inside the hostel premises or beyond the prescribed timings.
- 6.8. In case of a parental visit, the student's parents may take their daughter/ward for a night out after obtaining written permission from the Warden. No other relative is entitled to this permission.
- 6.9. For any maintenance requirement in the room, students must make an entry of the nature of the complaint along with the hostel name and room number in the register provided at the gate. The Matron shall report such complaints to the Maintenance Department on a daily basis.
- 6.10. Engaging unauthorised persons from outside for personal work is strictly prohibited.
- 6.11. Staff quarters are out of bounds for female students. In case of a genuine emergency, written permission from the Warden must be obtained before visiting staff quarters.

7. Health Centre Rules

- 7.1. Students shall be covered under the Institute's medical insurance policy. A one-time annual premium (as decided by the Institute from time to time) will be charged from students, details of which are provided in the Institute's prospectus/fee structure.
- 7.2. If any student is severely injured during an activity or while representing the Institute in a competition, leave shall be granted as per Institute Rules. For extension of leave based on the severity of injury, the affected student shall submit an application to the respective HOD, duly recommended by the concerned faculty and the Institute's Medical Officer.
- 7.3. The injured/sick student may be granted Bed Rest/Observation/Excuse from Physical Activity for a maximum of 10 days per semester, on the recommendation of the Institute's Medical Officer. This shall be recorded in the Sick Report Card issued to each student at the time of admission, which must be renewed at the start of each academic year. If the card is lost, a fresh card shall be issued on payment of Rs. 200/-. Any tampering with the card shall invite disciplinary action and a fine of Rs. 1,000/-.
- 7.4. Students shall receive general medical treatment at the Institute Health Centre during working hours. Emergency cases shall be referred by the Institute's Medical Officer to an outside medical expert whenever necessary.
- 7.5. In emergency cases where surgery/operation is recommended by the doctor, the student's parents/guardians must be physically present. If unable to attend, they must provide their consent through their registered e-mail ID.

- 7.6. Treatment at the Institute Health Centre shall be restricted to medicines and dressings available in stock.
- 7.7. Treatment at the Physiotherapy Section shall be provided to injured students.
- 7.8. Students suffering from contagious diseases shall be isolated and admitted to the wards in the Health Centre, or sent to an outside hospital if necessary.
- 7.9. For any medical treatment outside the campus/city, all applications shall be routed through the Institute's Medical Officer.
- 7.10. Parents/guardians shall be informed in cases of Bed Rest and hospitalisation, and the student may be sent home on the recommendation of the Medical Officer.

Emergency Medical Contacts:

1. Mr. Virendra Parmar
Contact: 7389899922

2. Mr. Ashish Aronkar,
Contact: 8770319323

8. Library Rules

- 8.1. Library hours shall be notified from time to time on the Library Notice Board.
- 8.2. Perfect silence must be observed in all sections of the Library. No books, bags, or other materials from outside are permitted inside the Library.
- 8.3. Periodicals must be returned to their proper place after use. The latest issues of periodicals shall be displayed at the stand and shall not be issued on loan.
- 8.4. Books and Theses from the Reference Section shall not be issued to students for reading outside the Library. While referring to these books, the student's Identity Card or reference ticket must be handed over to the Reference Assistant on duty. Reference books shall be issued for a maximum of one hour at a time.
- 8.5. Timings for issue and return of books shall be specified from time to time.
- 8.6. Each student is entitled to borrow a maximum of four books at a time, for a period not exceeding 7 days. A penalty of Rs. 10/- per book per day will be charged for late return. Books may be re-issued with the Librarian's permission if no other demand exists. The Librarian may recall any book from any member if required urgently.
- 8.7. If a book is lost or damaged, double the prevailing market price of the book shall be recovered from the concerned student.
- 8.8. Books shall be issued only on production of the Library Card. The Library Card shall bear the student's photograph and signature.
- 8.9. Library Cards and books issued are not transferable. Students shall be responsible for any misuse of their cards.
- 8.10. For any Library-related problem, students shall approach the Librarian directly.
- 8.11. If a student is found tearing any material from a book/periodical/thesis, or is found in possession of stolen Library material, strict disciplinary action shall be taken and the prevailing market price of the item shall be charged.

- 8.12. Students are encouraged to use e-resources available through INFLIBNET, Shodhganga, and other subscribed digital databases. Access credentials shall be provided by the Library at the beginning of each academic session.

9. Mess Rules

- 9.1. Students are allowed to take meals only in their respective (Boys'/Girls') mess.
- 9.2. In case of Bed Rest or injury, meals may be served in the room or Health Centre on the recommendation of the Institute's Medical Officer. The student or his/her roommate/neighbour(**Not any junior students**) shall collect the food by submitting their I-card, which will be returned when the utensils are returned to the mess. If a Health Centre Attendant carries food to the patient, the Attendant shall be responsible for returning the utensils.
- 9.3. Students are not permitted to carry food or utensils to the hostel or outside under normal circumstances. Anyone found doing so shall be penalised with a fine of Rs. 200/-.
- 9.4. Students should not come for the meals wearing chappals, activity dress, etc. except after Intramural Competitions. For dinner, Duty mess in charge will ensure that all U.G. students are in their respective house T-shirts.
- 9.5. Students shall serve themselves from the counter. Food must not be wasted. After meals, utensils must be placed at the prescribed location. Strict disciplinary action shall be taken against defaulters.
- 9.6. Meals for guests of students may be served in the mess hall only, with prior permission of the Mess Warden, and shall be charged at guest rates.
- 9.7. Except for the Dining Hall, all other areas including the Kitchen, cooking area, and serving counter (inside) are out of bounds for students.
- 9.8. Students must maintain proper decorum in the mess hall.
- 9.9. Any complaints regarding the quality, quantity, or service of food shall be brought to the notice of the Mess Warden/Supervisor.
- 9.10. All instructions of the Mess Warden shall be followed in all matters relating to the mess.
- 9.11. Dry rations for picnics, hostel functions, or similar events shall not be issued from the mess.
- 9.12. No mess utensils shall be taken outside the mess area except for authorised sick/bed rest cases. If mess utensils are found in any hostel, a collective fine of Rs. 1,500/- shall be imposed on all residents of that house/hostel.
- 9.13. Students are not permitted to carry bags or personal bottles into the mess. A fine of Rs. 500/- will be imposed for each instance.

10. Rules for Participation in Games/Sports/ NCC/ NSS Competitions

- 10.1. All bonafide students of the Institute may be allowed to participate in Inter-University and other games/sports competitions as per the guidelines circulated by the Institute from time to time.

- 10.2. Students who have indulged in any unlawful act, against whom a disciplinary penalty has been imposed, or who have been found involved in any form of ragging, shall not be permitted to participate in any tournament or competition for at least the remainder of that academic session.
- 10.3. For students permitted to participate or deputed for officiating/coaching in recognised competitions/tournaments, a notice shall be issued by the Director of Sports, with information to the Head of Department and Wardens.
- 10.4. A student is permitted to participate in a maximum of two sports tournaments (within or outside Gwalior), recognised by their National Federation, other than Inter-University competitions, in an academic session.
- 10.5. A player is required to attend the Coaching Camp regularly and punctually. In case of any irregularity or indiscipline, he/she shall be dropped from the camp and the team, and shall not be permitted to participate in any other sports tournament for the remaining period of the academic session.
- 10.6. A student enrolled in NCC/NSS shall be permitted to participate in competitions organised by NCC/NSS only with prior permission from the competent authority.
- 10.7. Participation in Inter-University Tournaments shall be treated as 'Duty Leave' to the extent of actual days of the tournament, including travel time.

11. Values and Virtues of LNIPEIANS

- 11.1. **Accountability** – Taking full ownership of your actions and their consequences.
- 11.2. **Resilience** – Bouncing back with strength and focus after setbacks or failures.
- 11.3. **Integrity** – Unwavering adherence to honesty and strong moral principles.
- 11.4. **Punctuality** – Strict respect for time, reflecting the discipline of "Kit Culture."
- 11.5. **Sportsmanship**–Demonstrating fairness, respect, and grace toward all competitors.
- 11.6. **Leadership** – Guiding and inspiring others toward a shared vision or goal.
- 11.7. **Excellence** – A continuous drive to achieve the highest standards in all pursuits.
- 11.8. **Humility** – Remaining grounded in success and always being open to learning.
- 11.9. **Professionalism** – Maintaining a high standard of conduct, appearance, and ethics.
- 11.10. **Perseverance** – Steadfastness in effort, regardless of how long the goal takes.
- 11.11. **Collaboration**– Working harmoniously with teammates and colleagues to succeed.
- 11.12. **Innovation**–Applying creative thinking and modern science to improve performance.
- 11.13. **Stewardship** – Caring for the Institute's heritage, resources, and environment.
- 11.14. **Compassion** – Showing kindness and active support for the well-being of others.
- 11.15. **Adaptability** – Staying flexible and effective in the face of changing environments.



LAKSHMIBAI NATIONAL INSTITUTE OF PHYSICAL EDUCATION

(Deemed to be University)

Department of Sports, Ministry of Youth Affairs & Sports, Government of India

INSTITUTIONAL DISCIPLINARY CODE

(Aligned with University Grants Commission Regulations 2009 and subsequent amendments)

1. Objectives

- Promote discipline, mutual respect, and ethical conduct.
- Provide a transparent mechanism for addressing misconduct.
- Ensure fair inquiry and proportional disciplinary action.
- Protect the rights, dignity, and safety of all stakeholders.

2. Applicability

This Code shall apply to all students of LNIPE, including day scholars, hostellers, interns, research scholars, and students representing the Institute in academic, sports, cultural, extension, or any other official activities.

3. Statutory Basis

This Disciplinary Code is framed under the provisions of the University Grants Commission Act, 1956, the UGC (Institutions Deemed to be Universities) Regulations, 2023, and the Statutes, Ordinances, Academic Regulations, Hostel Rules, and other Rules and Regulations of the Institute for maintaining discipline, proper conduct, and an orderly academic environment.

4. Standards of Conduct

Every student shall maintain discipline, uphold the law, respect the rights and dignity of others, protect Institute property, maintain academic integrity, and refrain from any act prejudicial to the safety, discipline, or reputation of the Institute.

Category	Classification	Purpose	Nature of Misconduct	Immediate Action	Disciplinary Measures	Competent Authority
I.	Corrective Measures	For first-time or minor violations requiring counselling and behavioural correction.	Minor Misconduct: Minor misconduct includes, but is not limited to, violation of the prescribed dress code/uniform (where applicable), late reporting to classes, practicals, training sessions or official activities, unauthorized absence from academic or hostel activities, unauthorized use of mobile phones during academic sessions, unauthorized use of restricted/banned items at hostel/campus, littering within the campus, non-compliance with lawful instructions issued by the Institute authorities, violation of hostel entry/exit timings, and unauthorized parking of vehicles. Such acts shall be dealt with in accordance with the disciplinary procedures prescribed by the Institute.	Oral Counselling / Written Warning	• Oral Counselling • Written Warning • Written Apology • Community Service (where appropriate) • In addition to above fine up to ₹1000/- (where appropriate/applicable as per rule)	Warden / Chief Warden/Faculty
II.	Minor Disciplinary Measures	For repeated minor violations or moderate misconduct affecting institutional discipline.	Repeated Minor Misconduct: Repeated minor misconduct includes, but is not limited to, repeated instances of Category-I misconduct, smoking, consumption or use of tobacco products or vaping within the campus, use of abusive or offensive language, disrespectful behaviour towards faculty, staff or fellow students, bullying or cyberbullying, unauthorized photography, videography or dissemination of confidential or sensitive content, minor physical altercations, and misconduct during sports events or other	Show Cause Notice	• Show Cause Notice • Parent/Guardian Intimation (where necessary) • Community Service (where appropriate) • Suspension from classes, hostel up to 3 days • In addition to above fine up to ₹2000/- (where appropriate/ applicable as per rule)	Disciplinary Committee

			official programmes of the Institute. Such acts shall attract disciplinary action as deemed appropriate by the Competent Authority in accordance with the provisions of this Policy.			
III.	Major Disciplinary Measures	For serious misconduct affecting the safety, discipline, property, or reputation of the Institute.	Major Misconduct: Major misconduct includes, but is not limited to, repeated instances of Category-II misconduct, consumption or possession of alcohol within the Institute campus, damage to Institute, hostel, library, laboratory or sports property/equipment, misuse of Institute facilities or resources, serious examination malpractice, physical assault not resulting in grievous injury, intimidation, coercion, or threatening behaviour towards any member of the Institute community, major damage to Institute property, serious cyber offences affecting the Institute, and immoral or unlawful activities that adversely affect campus discipline, safety, or the reputation of the Institute. Such acts shall invite stringent disciplinary action, including suspension, termination of the internship, recovery of damages, or any other action deemed appropriate by the Competent Authority in accordance with the provisions of this Policy.	Immediate Suspension Pending Inquiry	• Recovery of damages (where applicable) • Suspension from classes, hostel up to 15 days • Withdrawal of hostel, sports, academic or other institutional privileges • Mandatory counselling/community service • In addition to above fine up to ₹10000/- (where appropriate/applicable as per rule)	Students' Disciplinary Committee/ Respective Committee / Vice-Chancellor/ Chief Proctorial Team
IV.	Penal Measures	For gross misconduct involving serious violations of law, institutional	Gross Misconduct : Gross misconduct includes, but is not limited to, ragging (as prohibited under the applicable UGC Regulations); possession, use, consumption or trafficking of narcotic	Immediate Suspension and Restriction from	• Suspension for one academic semester or one academic year, depending on the gravity of the misconduct	Respective Committee /Vice-Chancellor / Board of

		discipline, or campus safety.	drugs, psychotropic substances, or other prohibited intoxicants; theft, forgery, impersonation, falsification of records, or financial fraud; possession or use of firearms, prohibited weapons, explosives, or other hazardous materials; sexual harassment, sexual misconduct, or gender-based violence; physical assault causing grievous injury; rioting, unlawful assembly, or other acts of violence; arson or wilful destruction of Institute property; serious cyber offences, including hacking, unauthorized access, data theft, or data breaches; unauthorized entry into restricted or prohibited areas; misconduct while representing the Institute at national or international events that brings disrepute to the Institute; repeated misconduct despite the imposition of major disciplinary measures; acts that endanger the safety, security, or orderly functioning of the Institute; and any other act in violation of applicable laws or seriously prejudicial to the interests, reputation, or discipline of the Institute.	Campus	• Rustication for 1–3 years or Permanent Expulsion • Cancellation of hostel admission • Debarment from examinations and institutional representation • Withholding scholarships, awards or institutional privileges (where permissible) • Recovery of damages (where applicable) • FIR and legal proceedings, wherever applicable	Management, as applicable/
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5. Statutory References:

The provisions of this Disciplinary Code shall be read in conjunction with the following Acts, Regulations, Rules, and Guidelines, as amended from time to time:

Sr.No.	LNIPE Rule No.(s)	Applicable Act / Regulation
1	1.2.21 Ragging is strictly prohibited on and off the campus. Strict disciplinary action shall be taken as per the Hon'ble Supreme Court directions and UGC Anti-Ragging Regulations.	University Grants Commission (Curbing the Menace of Ragging in Higher Educational Institutions) Regulations, 2009
2	1.2.13, 4.8 Smoking and use of tobacco products are prohibited on the campus and in hostels.	The Cigarettes and Other Tobacco Products (Prohibition of Advertisement and Regulation of Trade and Commerce, Production, Supply and Distribution) Act, 2003 & Prohibition of Smoking in Public Places Rules, 2008
3	1.2.28, 1.2.30 Unauthorized recording, photography, videography, sharing of digital content or personal information without consent, cyber-bullying, violation of privacy, and misuse of electronic devices, mobile phones or digital platforms are prohibited.	The Information Technology Act, 2000 and The Digital Personal Data Protection Act, 2023
4	1.2.29 AI-assisted plagiarism, academic dishonesty and submission of AI-generated content as one's own work are prohibited and shall be dealt with under the Institute's Plagiarism Policy.	UGC (Promotion of Academic Integrity and Prevention of Plagiarism in Higher Educational Institutions) Regulations, 2018
5	1.2.8, 1.2.13, 4 Consumption or possession of liquor, narcotic drugs, prohibited substances and drug abuse are prohibited..7	The Narcotic Drugs and Psychotropic Substances Act, 1985
6	1.2.11, 4.5, 4.7 Damage to Institute property is prohibited. Students are liable to compensate for damages and are subject to disciplinary action.	The Prevention of Damage to Public Property Act, 1984
7	1.2.12, 4.7 Possession of firearms, arms or prohibited weapons on the campus or in hostels is prohibited.	The Arms Act, 1959
8	1.2.15, 1.2.27 Entry into opposite hostels is prohibited. Gender-related complaints shall be reported to the Internal Complaints Committee (ICC).	The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 & UGC (Prevention, Prohibition and Redressal of Sexual Harassment of Women Employees and Students in Higher Educational Institutions) Regulations, 2015
9	1.2.6, 1.2.8, 1.2.11, 4.7, 4.8, 4.11 Students shall maintain discipline; physical fights, unlawful acts, damage to property, possession of illegal articles, theft, violence and other criminal acts shall invite disciplinary and legal action.	The Bharatiya Nyaya Sanhita, 2023 and other applicable laws in force

6. Redressal of Grievances of Students:

Student grievances shall be addressed through the Institute's Student Grievance Redressal Mechanism in accordance with the applicable UGC Regulations.

(University Grants Commission (Redressal of Grievances of Students) Regulations, 2023)

LAKSHMIBAI NATIONAL INSTITUTE OF PHYSICAL EDUCATION

(Deemed to be University)

Department of Sports, Ministry of Youth Affairs & Sports, Government of India

PERSONAL DETAILS OF THE STUDENT

1. Name of the student
 Class Roll No.
 Allotted House / Hostel
 Mobile No. (W) Landline
 Registered E-mail ID
2. Mother's Name
 Mobile No. (W) Landline
 Registered E-mail ID
3. Father's Name
 Mobile No. (W) Landline
 Registered E-mail ID
4. Full correspondence address

 Pin Code

I Certify that I have read this Rules Book thoroughly and I promise that I shall fully comply with all these rules and follow them in totality.

Past
Passport
Size
Photograph

.....
Signature of the Student

LAKSHMIBAINATIONALINSTITUTEOFPHYSICALEDUCATION(LNIPE),GWALIOR
(DeemedtobeUniversity)

MinistryofYouthAffairs&Sports,andGovernmentofIndia

INDEMNITY FORM

(To be submitted at the time of Admission) This Indemnity form is

executed on this _ day of _____, 20

I, Mr./Ms. _____ S/o / D/o _____ Course Applied _____
PermanentAddress: _____ (AadhaarNo./IDProof: _____)

AND

I, Mr./Mrs. _____ (Parent/Guardian)Relation: _____ Address: _____
(AadhaarNo./IDProof: _____)

ThatIamsubmittingthisindemnityforminfavourofLakshmibaiNationalInstituteofPhysical Education
(LNIPE), Gwalior

WHEREAS:

1. IhasappliedforadmissiontoLNIPE,Gwaliorfortheprogramm _____forthe
academic session _____
2. IandmyParent/Guardianarefullyawareoftheacademic,administrative,hostel,and disciplinary
rules of the Institute.

NOWTHISBONDWITNESSETHASUNDER:

1. GeneralUndertaking

- 1.1 I and my Parent/Guardian agree to abide by all rules, regulations, and guidelines issuedby LNIPE
from time to time.
- 1.2 Ishallmaintaindiscipline,goodconduct,andrequiredattendance.

2. MedicalFitness&Liability

- 2.1 IdeclarethatIam medicallyfittoparticipateinphysicaleducationandsports activities.
- 2.2 Ishallparticipateinphysicalactivitiesathis/herown risk.
- 2.3 TheInstituteshallnotbeheldliablefor:Anyinjury,illness,accident,ormedical condition arising during
training, sports, or campus activities.
- 2.4 IauthorizeMedicalOfficersorWardenstogiveconsentfortheadministrationof anesthesia or any
necessary medical treatment involving risk in emergency situations.

3. IndemnityClause

- 3.1 TheCandidateandParent/Guardianhereby indemnify andkeepindemnifiedLNIPE, its authorities,
staff, and representatives against:
- 3.2 Any claims, damages, losses, or liabilities arising due to: Misconduct or indiscipline /Violation of
Institute rules / Participation in sports/physical activities.

DECLARATION

We, the undersigned Candidate and Parent/Guardian, hereby declare that we have read,
understood, and agreed to all the terms and conditions mentioned above and shall abide bythem.

SignatureofCandidate:

Name: _____

Date: _____

SignatureofParent/Guardian: _____

Name: _____

Date: _____

Medical and Fitness Certificate

(For Admission in Lakshmbai National Institute of Physical Education, Gwalior)

Candidate's Details:

- Name of Candidate: _____
- Father's/Mother's Name: _____
- Date of Birth: _____
- Address: _____

Medical Examination Report:

I, Dr. _____ (Govt. Doctor/Registered Medical Practitioner), after thorough clinical examination of the above candidate, certify that:

- The candidate is in **sound physical and mental health**.
- The candidate is **free from any communicable disease**.
- The candidate has **no physical disability** that may hinder participation in strenuous physical activities, sports, or training.
- The candidate's **vision, hearing, and vital systems** are within normal limits.
- The candidate is **medically fit** to undergo rigorous physical activity.

Fitness Assessment:

- Height: _____ cm
- Weight: _____ kg
- Blood Pressure: _____ mmHg
- Pulse Rate: _____ /min
- Sugar Level: _____ (mg/dL)
- General Fitness: ☐ Fit ☐ Not Fit

Doctor's Declaration:

I hereby declare that the above information is true to the best of my knowledge and belief. The candidate is physically fit for rigorous physical activity.

Place: _____

Date: _____

Signature & Seal of Medical Officer Name: _____

Registration No.: _____

Contact No.: _____

(Session)

No. House/Hostel

[illegible]

(Session)

No. House/Hostel

[illegible]

(Session)

No. House/Hostel

[illegible]

LEAVE RECORD

Name of Student Class..... Roll
No. House/Hostel

[illegible]

UNDERTAKING BY STUDENT

(at the time of admission)

I, student of(class) has been provided with the under mentioned furnishings in the Room No. at the time of admission to the house/hostel & allotment of the room for the session

I have read hostel rules mentioned in **Student's Hand Book** and will abide by the same. I will be fully responsible for the facility & items provided and the same will be returned at the time of leaving the hostel/Institute. In case of any loss/damage to the items provided, I will be solely responsible which will lead to severe action and damage charges against me.

S. No.	Item(s)	Signature (Care Taker/Matron)	Signature (Warden)
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

Date

.....
Signature of Student**NO DUES FORM**
(at the time of leaving the hostel)

Mr./Ms. student of (class) residing in House/Hostel was provided with Room No. at the time of admission for the session

There are no dues pending against him/her in the house/hostel.

Date

Place

.....
Name & Signature of Warden

UNDERTAKING BY STUDENT

(at the time of admission)

I, student of(class) has been provided with the under mentioned furnishings in the Room No. at the time of admission to the house/hostel & allotment of the room for the session

I have read hostel rules mentioned in **Student Hand Book** and will abide by the same. I will be fully responsible for the facility & items provided and the same will be returned at the time of leaving the hostel/Institute. In case of any loss/damage to the items provided, I will be solely responsible which will lead to severe action and damage charges against me.

S. No.	Item(s)	Signature (Care Taker/Matron)	Signature (Warden)
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

Date

.....

Signature of Student

NO DUES FORM
(at the time of leaving the hostel)

Mr./Ms. student of (class) residing in House/Hostel was provided with Room No. at the time of admission for the session

There are no dues pending against him/her in the house/hostel.

Date

Place

.....

Name & Signature of Warden

UNDERTAKING BY STUDENT

(at the time of admission)

I, student of(class) has been provided with the under mentioned furnishings in the Room No. at the time of admission to the house/hostel & allotment of the room for the session

I have read hostel rules mentioned in **Student Hand Book** and will abide by the same. I will be fully responsible for the facility & items provided and the same will be returned at the time of leaving the hostel/Institute. In case of any loss/damage to the items provided, I will be solely responsible which will lead to severe action and damage charges against me.

S. No.	Item(s)	Signature (Care Taker/Matron)	Signature (Warden)
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

Date

.....

Signature of Student

NO DUES FORM
(at the time of leaving the hostel)

Mr./Ms. student of (class) residing in House/Hostel was provided with Room No. at the time of admission for the session

There are no dues pending against him/her in the house/hostel.

Date

Place

.....

Name & Signature of Warden

UNDERTAKING BY STUDENT

(at the time of admission)

I, student of(class) has been provided with the under mentioned furnishings in the Room No. at the time of admission to the house/hostel & allotment of the room for the session

I have read hostel rules mentioned in **Student Hand Book** and will abide by the same. I will be fully responsible for the facility & items provided and the same will be returned at the time of leaving the hostel/Institute. In case of any loss/damage to the items provided, I will be solely responsible which will lead to severe action and damage charges against me.

S. No.	Item(s)	Signature (Care Taker/Matron)	Signature (Warden)
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

Date

.....

Signature of Student

NO DUES FORM
(at the time of leaving the hostel)

Mr./Ms. student of (class) residing in House/Hostel was provided with Room No. at the time of admission for the session

There are no dues pending against him/her in the house/hostel.

Date

Place

.....

Name & Signature of Warden

UNDERTAKING BY STUDENT

1. Name of student (in CAPITAL)
Mobile No.
Registered E-mail ID
2. Mother's Name
Mobile Landline
Registered E-mail ID
3. Father's Name
Mobile Landline
Registered E-mail ID
4. Full correspondence address
.....
..... Pin Code
5. Name of course

DECLARATION

I have read the Student's Hand Book and undertake to abide by all the Rules mentioned in it. The above-mentioned information given by me is true, and if found incorrect then I shall be held responsible.

Date

Place

.....
Signature of Student

UNDERTAKING BY PARENT/GUARDIAN

1. I, Mr/Ms. hereby certify and confirm that, my ward Mr./Ms. is seeking admission to the house/hostel of the Institute.
2. I certify that, I have carefully read the Student's Hand Book and give my undertaking and unconditionally agree and accept all the provisions contained therein.
3. I also certify that, my ward will be solely responsible for his/her behavior and conduct in and outside the campus. In case of any breach of rules/misconduct/unfortunate incident/ accident involving my ward, the Institute & the faculty in-charge will not be held responsible.

Date

Place

.....
Signature of Parent/Guardian

Note : Guardian will sign only in case, if parents are not alive.

LEAVE APPLICATION

Dear Sir/Madam,

I,..... student of Class Roll
No. in the Department of residing
in..... house/hostel and want to go on personal leave.

DETAILS

Leave requested Date : From To Reason

Address of destination.....

Registered Mobile and E-mail ID of Father

Mobile No.

E-mail ID

Registered Mobile and E-mail ID of Mother

Mobile No.

E-mail ID

I shall be solely responsible in case of shortage of attendance, my conduct & unforeseen incident/ accident after leaving the Hostel premises

.....
Signature of the Student

Mobile No.

Email ID :

Forwarded/sanctioned

Forwarded/sanctioned

(Signature of Warden)

(Signature of HOD)

Signature of Dean (Faculty)

हेजगत्राताविश्वविधाता!

हेजगत्राताविश्वविधाता,
हेसुखशांतिनिकेतनहे।

प्रेमकेसिन्धु दीनकेबन्धु,
दुःखदारिद्रविनाशनहे।
हेजगत्राताविश्वविधाताए
हेसुखशांतिनिकेतनहे।

नित्यअखंडअनन्तअनादि,
पूरणब्रह्मसनातनहे।
हेजगत्राताविश्वविधाता,
हेसुखशांतिनिकेतनहे।

जगआश्रयजग-पतिजग-वन्दन,
अनुपमअलखनिरंजनहे
हेजगत्राताविश्वविधाता,
हेसुखशांतिनिकेतनहे।

प्राणसखात्रिभुवनप्रति-पालक,
जीवनकेअवलंबनहे।
हेजगत्राताविश्वविधाता,
हेसुखशांतिनिकेतनहे।

हेजगत्राताविश्वविधाता,
हेसुखशांतिनिकेतनहे।
हेसुखशांतिनिकेतनहे,
हेसुखशांतिनिकेतनहे

शक्तिनगरकेसेनानी.....

नईजवानी....नईरवानी....नईकहानी.....

शक्तिनगरकेसेनानीहमहंसतेगातेआएहैं
शक्तिनगरकेसेनानीहमहंसतेगातेआएहैं
नईजवानीजिंदाबादनईरवानीजिंदाबादनईकहानीजिंदाबादयहसेनानीजिंदाबादयहबलिदानीजिंदाबाद

एकसमंदरकीलहरेंहमएकगगनकेतारेहैं।।
लोहलाडलेलक्ष्मीकेहमधरतीकेउजियारेहैं।।
एकधर्महैएकध्येयहैसबजलतेअंगारेहैं
नएदेशकेनिर्माताहमभारतकेरखवारेहैं।हम।।
अनुशासनमेंकुंदनबनकरनएजवानोरे
अनुशासनमेंकुंदनबनकरहमनेकदमबढ़ाएहैं
लोशक्तिनगरकेसेनानीहमहंसतेगातेआएहैं
शक्तिनगरकेसेनानीहमहंसतेगातेआएहैं
नईजवानीजिंदाबादनईरवानीजिंदाबादनईकहानीजिंदाबादयहसेनानीजिंदाबाद
यहबलिदानीजिंदाबाद।।

पूरबपश्चिममिलेहमारेखेलोंकेमैदानोंमें।।
गीतअमनकेथिरकरहेहैंदेखोइनमुस्कानोंमें।।
राहबनातेहैंअपनीहमआंधीमेंतूफानोंमें
नहींजिंदगीभरदेंगेहमदुनियाकेइंसानोंमें।हम।।
मानवताकेआह्वानोंकोनएजवानोरे
मानवताकेआह्वानोंकोहमनेशीशचढ़ाएहैं
लोशक्तिनगरकेसेनानीहमहंसतेगातेआएहैं
शक्तिनगरकेसेनानीहमहंसतेगातेआएहैं
नईजवानीजिंदाबादनईरवानीजिंदाबादनईकहानीजिंदाबादयहसेनानीजिंदाबाद
यहबलिदानीजिंदाबाद।।

शरीरमाध्यमखलुधर्मसाधनम्

कविता : खूबलड़ीमर्दानीवोतोझाँसीवालीरानीथी

सिंहासनहिलउठेराजवंशोंनेभृकुटीतानीथी
बूढ़ेभारतमेंआईफिरसेनयीजवानीथी
गुमीहुईआज़ादीकीकीमतसबनेपहचानीथी
दूरफिरंगीकोकरनेकीसबनेमनमेंठानीथी

चमकउठीसनसत्तावनमें,वहतलवारपुरानीथी
बुंदेलेहरबोलोंकेमुँहहमनेसुनीकहानीथी
खूबलड़ीमर्दानीवहतोझाँसीवालीरानीथी

कानपूरकेनानाकी,मुँहबोलीबहनछबीलीथी,
लक्ष्मीबाईनाम,पिताकीवहसंतानअकेलीथी,
नानाकेसंगपढ़तीथीवह,नानाकेसंगखेलीथी,
बरछी,ढाल,कृपाण,कटारीउसकीयहीसहेलीथी।

वीरशिवाजीकीगाथायेंउसकोयादज़बानीथी,
बुंदेलेहरबोलोंकेमुँहहमनेसुनीकहानीथी,
खूबलड़ीमर्दानीवहतोझाँसीवालीरानीथी॥

लक्ष्मीथीयादुर्गाथीवहस्वयंवीरताकीअवतार
देखमराठेपुलकितहोतेउसकीतलवारोंकेवार,
नकलीयुद्ध-व्यूहकीरचनाऔरखेलनाखूबशिकार,
सैन्यघेरना,दुर्गतोड़नायेउसकेप्रियखिलवार।

महाराष्ट्र-कुल-देवीउसकीभीआराध्यभवानीथी,
बुंदेलेहरबोलोंकेमुँहहमनेसुनीकहानीथी,
खूबलड़ीमर्दानीवहतोझाँसीवालीरानीथी॥

हुईवीरताकीवैभवकेसाथसगाईझाँसीमें
ब्याहहुआरानीबनआईलक्ष्मीबाईझाँसीमें,
राजमहलमेंबजीबधाईखुशियाँछायींझाँसीमें,
सुभटबुंदेलोंकीविरुदावलि-सीवहआयीझाँसीमें।

चित्रानेअर्जुनकोपाया शिवसेमिलीभवानीथी,
बुंदेलेहरबोलोंकेमुँहहमनेसुनीकहानीथी,
खूबलड़ीमर्दानीवहतोझाँसीवालीरानीथी॥

उदितहुआसौभाग्य,मुदितमहलोंमेंउजयालीछाई,
किंतुकालगतिचुपके-चुपकेकालीघटाघेरलाई,

तीरचलानेवालेकरमेंउसेचूड़ियाँकबभाई,
रानीविधवाहुई,हाय! विधिकोभीनहींदयाआई।

निसंतानमरेराजाजीरानीशोक-समानीथी,
बुंदेलेहरबोलोंकेमुँहहमनेसुनीकहानीथी,
खूबलड़ीमर्दानीवहतोझाँसीवालीरानीथी॥

बुझादीपझाँसीकातबडलहौज़ीमनमेंहरषाया
राज्यहड़पकरनेकाउसनेयहअच्छाअवसरपाया,
फ़ौरनफौजेंभेजदुर्गपरअपनाझंडाफहराया,
लावारिसकावारिसबनकरब्रिटिशराज्यझाँसीआया।

अश्रुपूर्णरानीनेदेखाझाँसीहुईबिरानीथी,
बुंदेलेहरबोलोंकेमुँहहमनेसुनीकहानीथी,
खूबलड़ीमर्दानीवहतोझाँसीवालीरानीथी॥

अनुनयविनयनहींसुनताहै विकटफिरंगीकीमाया
व्यापारीबनदयाचाहताथाजबयहभारतआया,
डलहौज़ीनेपैरपसारे,अबतोपलटगईकाया,
राजाओंनव्वाबोंकोभीउसनेपैरोंठुकराया।

रानीदासीबनी,बनीयहदासीअबमहरानीथी,
बुंदेलेहरबोलोंकेमुँहहमनेसुनीकहानीथी,
खूबलड़ीमर्दानीवहतोझाँसीवालीरानीथी॥

छिनीराजधानीदेहलीकी,लखनऊछीनाबातों-बात,
कैदपेशवाथाबिठूरमें,हुआनागपुरकाभीघात,
उदैपुर,तंजौर,सतारा,करनाटककीकौनबिसात?
जबकिसिंध,पंजाबब्रह्मपरअभीहुआथावज्र-निपात।

बंगाले,मद्रासआदिकीभीतोवहीकहानीथी,
बुंदेलेहरबोलोंकेमुँहहमनेसुनीकहानीथी,
खूबलड़ीमर्दानीवहतोझाँसीवालीरानीथी॥

रानीरोपीरनवासोंमें,बेगमगमसेथीबेज़ार,
उनकेगहनेकपड़ेबिकतेथेकलकत्तेकेबाज़ार,

सरे आमनीलामछापतेथे अंग्रेजोंके अखबार,
'नागपुरके जेवरले लोलखनऊके लोनौलखहार'।

योपरदेकी इज्जतपर. देशीके हाथबिकानीथी,
बुंदेलेहरबोलोंके मुँहहमने सुनीकहानीथी,
खूबलड़ीमर्दानीवहतो झाँसीवालीरानीथी ॥

कुटियोंमें भीविषमवेदनाए महलोंमें आहतअपमान,
वीरसैनिकोंके मनमें थाअपने पुरखोंका अभिमान,
नानाधुंधूपंतपेशवाजुटारहाथासबसामान,
बहिनछबीलीनेरण-चण्डीकाकरदियाप्रकटआहवान।

हुआयज्ञप्रारम्भउन्हेंतो सोईज्योतिजगानीथी,
बुंदेलेहरबोलोंके मुँहहमने सुनीकहानीथी,
खूबलड़ीमर्दानीवहतो झाँसीवालीरानीथी ॥

महलोंने दीआग,झोंपड़ीने ज्वालासुलगाईथी,
यहस्वतंत्रताकीचिनगारीअंतरतमसेआईथी,
झाँसीचेती,दिल्लीचेती, लखनऊलपटेंछाईथी,
मेरठ,कानपुर,पटनाने भारीधूममचाईथी,

जबलपुर, कोल्हापुरमेंभीकुछहलचलउकसानीथी,
बुंदेलेहरबोलोंके मुँहहमने सुनीकहानीथी,
खूबलड़ीमर्दानीवहतो झाँसीवालीरानीथी ॥

इसस्वतंत्रतामहायज्ञमेंकईवीरवरआएकाम,
नानाधुंधूपंत,ताँतिया,चतुरअजीमुल्लासरनाम,
अहमदशाहमौलवी,ठाकुरकुँवरसिंहसैनिकअभिराम,
भारतके इतिहासगगनमेंअमररहेंगेजिनकेनाम।

लेकिनआजजुर्मकहलातीउनकीजोकुरबानीथी,
बुंदेलेहरबोलोंके मुँहहमने सुनीकहानीथी,
खूबलड़ीमर्दानीवहतो झाँसीवालीरानीथी

इनकीगाथाछोड़,चलेहमझाँसीकेमैदानोंमें,
जहाँखड़ीहैलक्ष्मीबाईमर्दबनीमर्दानोंमें,
लेफ्टिनेंटवाकरआपहुँचा,आगेबढ़ाजवानोंमें,

रानीनेतलवारखींचली,हुयाद्वंद असमानोंमें।

ज़ख्मीहोकरवॉकरभागा,उसेअजबहैरानीथी,
बुंदेलेहरबोलोंकेमुँहहमनेसुनीकहानीथी,
खूबलड़ीमर्दानीवहतोझाँसीवालीरानीथी॥

रानीबढ़ीकालपीआई,करसौमीलनिरंतरपार
घोड़ाथककरगिराभूमिपरगयास्वर्गतत्कालसिधार,
यमुनातटपरअंग्रेज़ोंनेफिरखाईरानीसेहार,
विजयीरानीआगेचलदी,कियागवालियरपरअधिकार।

अंग्रेज़ोंकेमित्रसिंधियानेछोड़ीराजधानीथी,
बुंदेलेहरबोलोंकेमुँहहमनेसुनीकहानीथी,
खूबलड़ीमर्दानीवहतोझाँसीवालीरानीथी॥

विजयमिली,परअंग्रेज़ोंकीफिरसेनाघिरआईथी
अबकेजनरलस्मिथसम्मुखथा,उसनेमुहँकीखाईथी,
कानाऔरमंदरासखियाँरानीकेसंगआईथी,
युद्धश्रेत्रमेंउनदोनोंनेभारीमारमचाईथी।

परपीछेहयूरोज़आगया हाय! घिरीअबरानीथी,
बुंदेलेहरबोलोंकेमुँहहमनेसुनीकहानीथी,
खूबलड़ीमर्दानीवहतोझाँसीवालीरानीथी॥

तोभीरानीमारकाटकरचलतीबनीसैन्यकेपार
किन्तुसामनेनालाआया,थावहसंकटविषमअपार,
घोड़ाअड़ा,नयाघोड़ाथा,इतनेमेंआगयेसवार,
रानीएक,शत्रुबहुतेरे,होनेलगेवार-पर-वार।

घायलहोकरगिरीसिंहनीउसेवीरगतिपानीथी,
बुंदेलेहरबोलोंकेमुँहहमनेसुनीकहानीथी,
खूबलड़ीमर्दानीवहतोझाँसीवालीरानीथी॥

रानीगईसिधारचिताअबउसकीदिव्यसवारीथी
मिलातेजसेतेज,तेजकीवहसच्चीअधिकारीथी,
अभीउम्रकुलतेइसकीथी,मनुजनहींअवतारीथी,
हमकोजीवितकरनेआयीबनस्वतंत्रता-नारीथी,

दिखागईपथ,सिखागईहमकोजोसीखसिखानीथी,
 बुंदेलेहरबोलोंकेमुँहहमनेसुनीकहानीथी,
 खूबलड़ीमर्दानीवहतोझाँसीवालीरानीथी॥

जाओरानीयादरखेंगेयेकृतज्ञभारतवासी,
 यहतेराबलिदानजगावेगास्वतंत्रताअविनासी,
 होवेचुपइतिहास,लगेसच्चाईकोचाहेफाँसी,
 होमदमातीविजय,मिटादेगोलोंसेचाहेझाँसी।

तेरास्मारकतूहीहोगी,तूखुदअमिटनिशानीथी,
 बुंदेलेहरबोलोंकेमुँहहमनेसुनीकहानीथी,
 खूबलड़ीमर्दानीवहतोझाँसीवालीरानीथी॥

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About LNIPE

LNIPE was established in August 1957 as Lakshmibai College of Physical Education (LCPE) by the Ministry of Education & Culture, Government of India, in the centenary year of the First War of Independence. Situated in Gwalior, where Rani Lakshmibai made her valiant stand in 1857, the Institute was founded under the visionary leadership of Padma Shri Dr. P.M. Joseph.

Initially affiliated with Vikram University, Ujjain, and later with Jiwaji University, Gwalior (1964), the Institute was designated a nationally significant institution and renamed Lakshmibai National College of Physical Education (LNCPE) in 1973. Recognizing its unique contributions to physical education and sports, the Government of India granted it autonomous status under Jiwaji University in 1982.

In 1995, in acknowledgment of its pioneering contributions, LNCPE was conferred Deemed to be University status under Section 3 of the UGC Act, 1956. It was renamed Lakshmibai National Institute of Physical Education (LNIPE) and remains the only Deemed University in India dedicated to physical education and sports, holding a distinguished position in South East Asia.

Our Courses

- Bachelor of Physical Education (B.P.Ed.)- **IV Years**
- Master of Physical Education (M.P.Ed.)- **II Years**
- M.S.S (Master of Sports Science)- **II Years**
- M.S.M. (Master of Sports Management)- **II Years**
- M.A. (Sports Journalism)- **II Years**
- M.A. (Yoga)- **II Years**
- Diploma in Sports Coaching (DSC)- **I Year**
- Post Graduate Diploma in Sports Coaching (PGDSC)- **I Year**
- Post Graduate Diploma in Fitness Management (PGDFM)- **I Year**
- Post Graduate Diploma in Strength & Sports Conditioning (PGDSSC)- **I Year**
- Post Graduate Diploma in Yoga Education (PGDYEd)- **I Year**

Doctor of Philosophy (Ph.D.): **Physical Education, Yoga, Inter-Disciplinary**